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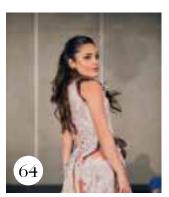
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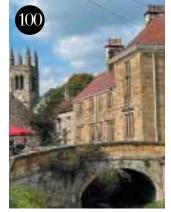
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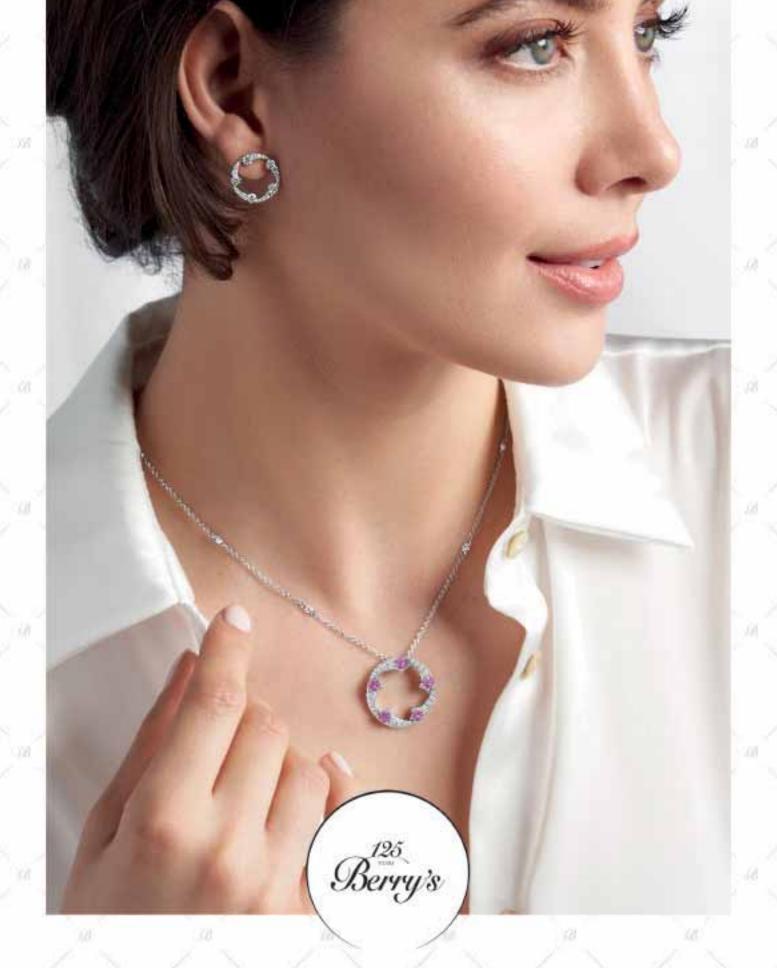


PEAK SEASON

Kitchen tales

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YORKSHIRE LIVING VELCOME

OCTOBER 2022

e love a new season, and this autumn proves that new beginnings are not just for springtime. Check out our extra fashion pages in our style and wellness section for tips on what's out there.

Harrogate is welcoming a destination store for stylish retailer Jules B, who are renowned in the North East for curating exclusive collections of handpicked pieces. A personal shopping experience is offered here and at another new boutique, Fairfax & Favor in Helmsley.

If you are planning your wedding, our biannual wedding guide is back, and reveals super suppliers in Yorkshire, from venues to brilliant gowns and outfits. Couples also share their album photos of their big day.

There are more launches as the first York Unlocked weekend will see the doors to over 60 fabulous buildings in the city opened free of charge. You will see 'secret' features

'We love a new season, and this autumn proves that new beginnings are not just for springtime'

that are often unseen or overlooked. Amongst them is one of York's finest private residences - Garforth House in Micklegate. We feature a preview tour of this magnificent house designed by John Carr of York.

Marco Pierre White talks to Living about his first food festival too. He's bringing family and chef friends to Harrogate for masterclasses, the town where his career began.

Autumn is a great time for a break - a day trip or a few days in a special hotel. We focus on what the market town of Helmsley has to offer and stay in Settle as a base to explore the dramatic scenery of the limestone Dales and gritstone fells of the Pennines. Sometimes just a short break from your routine can work wonders.

You can win a half-day of spa and treatments for two at Middlethorpe Hall & Spa, near York, by taking our reader survey. We love to hear what you think.

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ON TOP OF THE WOLD

Whilst many motorists grab a fleeting glimpse of the view over the Vale of York from Garrowby Hill, artist **Kate Pettitt** stopped and painted the vast panorama

AS TOLD TO CATHERINE TURNBULL



hen you travel from the coast or a day out tramping in the glorious Yorkshire Wolds, the descent from the 800-foot

highest point in East Yorkshire seems to be upon you before you know it. Whilst David Hockney painted the hill from several viewpoints, Kate Pettitt has been captivated by the panorama from the chalk ridge over the vale and towards the Yorkshire Dales, returning over a period of several months and seasons to capture the scene.

Why did you want to paint Garrowby Hill? Why did it inspire you as a series?

I am an artist who likes to paint wild places. I am drawn to towering mountains, dramatic coast, and high, bleak moorland where there are expansive views and where I can be alone with nature. Obviously during the lockdowns, I had to adapt and stay close to home. In the flat landscape of York, skies are



'The process of painting and drawing encourages me to really study what I might previously have taken for granted, and to appreciate the slow rhythm of the seasons'

huge, but views are short – often the nearest hedge, fence or house. Lockdown only served to emphasise our boundaries.

I saw Garrowby Hill most days as I drove the short commute to and from my studio, in Holtby. It rose from the vale, often bathed in cloud, and sometimes glowing gold in the early evening sun. It taunted me with its promise of a view, and I planned to go there as soon as I could to absorb the views and breathe in the fresh air. As soon as the





restrictions were lifted, I headed straight for its summit – the need to be up high was instinctive. From the top, the vast panoramic vista seemed endless. The flat Vale of York receded into distant glimpses of industrial chimneys and the hills of the Yorkshire Dales. It was liberating and reminded me that the world is bigger than the footprint we leave on it.

After that first trip out, I went as often as I could and became aware of the subtle

shifts in light and colour over the weeks and months, as crops were sown, grown and harvested. I decided to visually record the changes – a reminder that life goes on, and an excuse to spend more time there, clearing my head of mental clutter and concentrating solely on the acts of observing and painting.

What was your favourite time of year? May. It's a month full of promise. The wildflowers are fresh and abundant, crops



are green, fields in the vale are yellow with oilseed rape and pink with freshly ploughed soil. The sun hasn't had time to bleach colour or dry the earth and the shadows are deep.

What is your process, both outdoors and back in the studio?

My studio paintings are always inspired by outdoor studies. I don't work from photographs as they represent only a tiny moment in time. When I look at my studies and sketches, I can recall where I was, what the weather was like, what birds were flying and singing, the direction of the wind, and what I was thinking and feeling when I was there – they represent a period spent in a place and contain a lot more information.

The process of painting and drawing encourages me to really study what I might previously have taken for granted, and to appreciate the slow rhythm of the seasons.

Before I head off to the hill, I look out of the window – the scale of work and medium used is led by the weather conditions and the time available. If I'm sketching, I might take graphite, charcoal, chalk and my favourite little grey sketchbook. If I have time to get my paints out, I take watercolours and water brushes, and perhaps some acrylics. I take numerous bulldog clips to anchor things down in high winds, while on calmer days, I can 'set up camp' with an easel and settle in for a few hours of *en plein air* painting on canvas without the fear of blowing away.

All the paintings and studies I do outside inform my studio paintings, which are another step away from realism, and draw more on memory of place and emotion.













HOTO CREDIT: ITV

Art in the Woolpack

In 2021, I was approached by ITV. The set designers working on *Emmerdale* had spotted my work and were looking for paintings to put in the newly-refurbished set of the Woolpack pub, which was launched in early 2022. *June: Garrowby Hill* was selected, along with a number of other works, and now hangs proudly opposite the bar.

The set designers reproduced the works on non-reflective surfaces and at sizes suitable for the cameras.



Where Kate works

Kate works in the Gallery Studio, Arnup Studios in the pretty village of Holtby, just outside York, where you can visit her by appointment. The studios were originally the home and workplace of Sally Arnup (sculptor) and her husband Mick (painter and potter). Here, they brought up their four children, Tobias, Ben, Hannah and Rebecca. After Sally passed away in 2015, Hannah tturned her parents' studios into creative workspaces for six local artists and makers. They hold regular events and group exhibitions.

Kate also exhibits work at Pyramid Gallery and Corner Gallery in York. Kate's new book, *From the Mountains to the Sea*, is available to purchase from her online shop.

Can you describe your work?

The Garrowby Hill series contains works on paper and paintings on canvas, all painted outside on location, as well as sketchbook studies. The works are immediate and energetic – a style no doubt developed as a response to the nature of painting outside in the elements. I work quickly and intuitively.

Together, they are forming a picture of a place over time, looking over the vale where I live and work and spent my lockdowns. I also view it as a portrait of a time where our human world was turned upside down, but where nature and farming continued uninterrupted. The smallest paintings in the series are about A3 in size, and the largest canvas (so far) is one metre wide.

How many paintings are there, and is the collection still growing?

There are currently seven completed paintings in the series and there are more

'All the paintings and studies I do outside inform my studio paintings, which are another step away from realism'

planned. It is a series that is being added to all the time. In fact, by the time this article is published, there will probably be two more. I head for the hill with my plein air kit and sketchbook whenever I can.

It is my plan to paint over the coming autumn and winter. It's all about picking your moment with the weather, so wish me luck!

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OPEN DOORS

Take a tour of one of York's finest private residences when amazing buildings are unlocked for a weekend

ne of the most charming stories I heard during a visit to Garforth House is that of groups of older women who revert to giggle like the schoolgirls they were over half a century ago on the site. Each year the current owners Lindsay and John Jacques host the former pupils, now in their 70s to 90s for a school reunion. Now restored as a grand private home, the Georgian townhouse was St Margaret's Independent Grammar School for Girls, run by nuns from 1918-1968.

"We love hosting the former pupils and hearing their stories and we have about 70 come in two groups every year," says Lindsay.

WORDS BY **CATHERINE TURNBULL** PHOTOGRAPHY BY **DAVID HARRISON**

"They often turn back the clock to their giggling schoolgirl days whilst wandering around the house en masse, particularly, when remembering that they were not allowed to enter the main entrance of the house, nor use its grand main staircase. It makes them feel naughty. Other off-limit areas included the century-old Otis lift and topmost floor (originally servant quarters) where the nuns slept. One of the most daring challenges was to touch the end wall of the top floor corridor without being caught!

"The second-floor corridor was a place for quick and innovative thinking as it was lined with chairs for the girls to note down their confessions before they entered the chapel, now our bedroom. One lady remembered how she resorted to looking up some good confessional sins, only for them to be found written down on a piece of paper tucked away in her uniform by her not so happy father. One nun would go up and down in the lift peering through the collapsible scissor gate door to keep an eye on the children's activities on each corridor."

The lift is still in place and restored, as are most of the Georgian cornices, plasterwork, door frames and some of the fireplaces.

Garforth House in Micklegate, York, is one of the few Grade I-listed properties in the city. I've been invited for a tour for *Living* ahead of the inaugural York Unlocked





It occupies one of the most prominent positions on the street, strategically and optimally positioned exactly halfway along its length



weekend, which will open the doors to many interesting properties in the city in October.

Garforth House is a five-bay, five storey building on one of York's most prominent streets, Micklegate Street (Great Street), which has served as an entrance to York for several reigning monarchs.

The house was built in 1755-1757 for the Garforth family of Wiganthorpe Hall (descendants of the entrepreneur William Garforth, governor of the Merchant Venturers Company of York). John explains in the gracious first-floor saloon, lavishly decorated with a Rococo plaster ceiling featuring rare fruit, flowers and musical instruments, that the site was originally purchased as two separate tenements by the Garforths and the site was cleared in 1753 for the construction of Garforth House.

It occupies one of the most prominent positions on the street, strategically and optimally positioned exactly halfway along its length on its outer bend so it would be noticed from both ends. Micklegate was described by the architectural historian Sir Nicholas Pevsner as "without any doubt the most rewarding street in York". Whilst overseeing building work at Wiganthorpe

Living

Hall, John Carr of York, one of the most important and influential architects of his time, was commissioned to design the townhouse for Edward and Elizabeth Garforth. Despite various changes of use over the years, it retains a wealth of splendid and grand period features.

They include a Corinthian Venetian staircase window, cantilever staircase, feature fireplaces, wood panelling, ornate cornicing, Rococo plasterwork and sash windows. The splendid style of this Georgian townhouse and its opulent interior, suggests that money was no object. John Carr was also responsible for 47 Bootham and Castlegate House in York, Harewood House, York County Court House and Beverley Burton Hall, East Yorkshire.

arforth House was occupied by several notable families and had many uses, including as offices for Business Internet Directory, which had 40 staff. Lindsay and John were working as geological surveyors in Singapore, and their two sons were young children, when they saw Garforth House was for sale.

"It was a massive office block, but we were bowled over by the history and the original features, although they were carved up by partition walls," says John. "We wanted to move back home and bought it in 2011, but we had a few years of flying back and loading up skips before we could leave Singapore.

"Following its use as a commercial building it was necessary to remove several partition walls, air conditioning units, server cabinets and electrical items, and where necessary minor repair work was carried out to restore the original features. We see ourselves as custodians of the house."

The couple's aim was to convert the property as sympathetically as possible into a family house and to its original purpose. "We had to wait for approvals because we were advised that Micklegate, with its clubs and bars, wasn't a good place for a residential home, and it was feared that we would be complaining about noise nuisance."



The couple's aim was to convert the property as sympathetically as possible into a family house and to its original purpose



With all the necessary approvals in place, the restoration started in 2012, and is still ongoing – there are five floors. No changes were proposed to the internal room arrangement from its original layout. The Jacques put in a kitchen, and several bathrooms on the second and third floors. Secondary glazing was installed sympathetically to reduce external noise and improve the energy efficiency of the house, without disrupting the use of the Georgian shutters and impacting the original windows.

Several of the stone fireplace surrounds had been painted several times and the actual fireplaces boarded in. They are now restored, as are all the cast iron radiators. No original cast iron pipework was changed or modified, which means that Victorian pipes were added with bends to avoid the Georgian plasterwork. "It's a great talking point and part of the evolution of the house," says Lindsay. As we walk through the house, she admits that she's not sure exactly how many rooms there are – there are 10 bedrooms.

"I've used an early Georgian palette in drab colours and muted tones on the walls – such as Charleston Gray by Farrow & Ball – they loved drab then, but it has a warm tone. It was worth having a look at Fairfax House for inspiration.

"We've combined antique furniture with modern abstract artwork by Freya Horsley, and pieces of furniture from India and the Far East we collected in Singapore. I love the centuries of wear on the stone floors in the entrance and passageways and the view from the stairs of the weathervane on top of the Grand York Hotel."

Lindsay and John foster children and regularly have several young lodgers. "It's a joy to host them here in our home – in a place that was once a school. Our guests are allowed to walk on the stairs and in all the corridors," Lindsay says.

The house featured on the BBC series *Best House in Town* three years ago. When





the Jacques heard about York Unlocked, they were delighted to offer tours, by appointment. "We hope that our home will interest and delight our visitors, and they will learn something about the history and hear some interesting stories. They might even have tales to share with us about Garforth House," says John.

York Unlocked will see the doors to over 60 fabulous York buildings opened to the public free of charge on October 15 and 16. It will celebrate and provide special access to many buildings that are not regularly opened to the public, along with the opportunity to see 'secret' features that are often unseen or overlooked.

Building lovers, architecture, design, history and heritage fans or people who would simply like a glimpse of secret York are invited. Highlights include: Herbert House; The Guildhall; De Grey Rooms; Kings Manor; Duncombe Place Masonic Hall; Hudson Quarter; Monk Bar; St John's University Chapel; Bootham School; Castlegate House; Bar Convent, Bedern and many York churches, plus a selection of RIBA (Royal Institute of British Architects) awardwinning projects.

The celebratory weekend follows unlocked events in London, Scotland, Bristol, Wales and across Europe. York Unlocked aims to help people appreciate York's built heritage.

"York is blessed with such a rich diversity of buildings that all have amazing stories to tell," says Kathy M King, founder of York Unlocked. Some events should be prebooked by appointment through the website.

york-unlocked.org.uk





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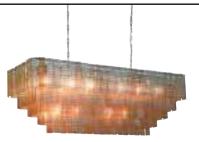
HOME FROM



STYLISH *storage*

Presented in a selection of warm blush and caramel hues, this set of storage baskets is perfect for stowing away household clutter, whilst maintaining a fun and sophisticated aesthetic.

> Storage baskets, £108.75, coxandcox.co.uk



LAYERED lighting

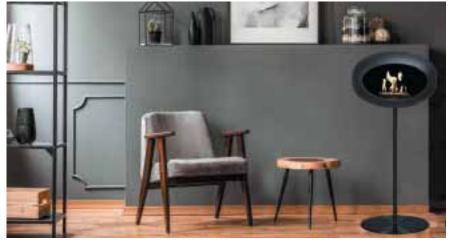
Illuminate your interior with this dazzling Amaryllis Glass Chandelier. The delicate, layered glass panels shimmer with a warm, amber glow to create a delightfully inviting and warm atmosphere this is sure to make a divine statement in any setting, as a glamorous and enticing visual spectacle.

Amaryllis Glass Chandelier, £1,620, sweetpeaandwillow.com

BRING THE **HEAT**

The contemporary black ground steel fireplace by Le Fau can be placed anywhere inside your home and is designed to burn eco friendly bioethanol fuel. Looking super stylish, the dome is finished in smooth matt black and enhances the stunning glow from the flame, radiating efficient heat to create warmth and comfort.

> Black Ground Steel Bioethanol Fireplace, £1,599, limelace.co.uk



SHOPPING • NEWS • DESIGN • TRENDS

A RUG YOU'LL

This rug features a faded geometric pattern with an ornate border and is tinted in deep inky blue, purposefully distressed for a weathered and rustic look. It will look at home in any room of your house, positioned at the end of your bed, in front of a sofa, under a dining table or as a warm welcoming

rug in your entrance hall. Agadir Blue Vintage Rug, £395, frenchbedroomcompany.co.uk

Luxury FOR LADIES

A unique accessory that can be used as a console table with storage space or as a dressing table in the bedroom. This ladies' cabinet, a style highly popular during the Qing dynasty, offers something that little bit different for your interior design.

Ladies Cabinet, Warm Elm Shimu, £925, shimu.co.uk





AMAZING *aromas*

Make any guest feel right at home with these beautiful, refreshing and light Alang Alang diffusers. The perfect way to make the most of your living space with the most soothing smells.

Alang Alang Diffuser, £100, sweetpeaandwillow.com

PRETTY as a PICTURE

Since we are likely to be spending more time indoors during autumn and winter, you simply cannot go wrong with

giving your walls a new lease of life. These deluxe and atmospheric canvas prints by artist Ben Lowe, with a lovely white thick frame and certificate to accompany them, will do the trick.

Canvas Prints by Ben Lowe, £375, loaf.com







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Whether it's in the form of a staircase, balcony, balustrade or bi-fold doors, nothing makes a statement in the home quite like glass

f you want to give your home or garden a contemporary makeover then the introduction of glass can really add the wow factor. Whether that's in the form of a staircase, balustrade, bi-fold doors, kitchen splashback, balcony or even walk-on glass flooring, it can add an extra modern dimension that you don't often get with more traditional materials such as wood or metal.

No-one knows this better than Paul Dale, who set up Glass Solutions 12 years ago.

"I worked for a glass merchant as a glass cutter for eight years before setting up Glass Solutions," he says. "I've always been creative and wondered where all the glass would end up when we'd made it. So I started to take an interest and set up a bespoke glass installations company."

Glass Solutions cover the whole of Yorkshire, and Paul is on the road every day, supplying and delivering, providing feature glass staircases, staircase renovations, glass balustrades, balconies, windscreens and bespoke glass projects. It's a real family business too - Paul works alongside his wife, sister and brother, as well as a dedicated team of engineers and joiners.

A glass staircase is incredibly versatile and when teamed with an oak base and handrails can work perfectly with any décor.

"I get huge satisfaction in bringing old staircases back to life using oak and glass, we get a great reaction," added Paul. "Adding oak newels and rails alongside really does give a contemporary look, but also a nice contrast of colours to the areas. Some believe you must remove the whole staircase, but you actually don't. It's easier to do than you think."

Glass staircases are usually installed much more easily, quickly and simply, compared to a normal staircase. Glass panels, in a glass staircase, are usually attached using brackets. In some instances, the base and handrails will feature a groove, which enables the panels to slot in.

"We can renovate any staircase to a modern or traditional design," says Paul. "Our standards are high and to ensure we meet the highest level of workmanship our family business skill set consists of qualified joiners and engineers. Our renovation service is a quick, mess-free way to achieve the look of a brand new staircase. We only use the best materials and fittings to ensure we achieve the best results." As light is able to pass through a glass staircase, this is a great option





if you want to keep plenty of natural light in the room. You will also benefit from the surrounding view. If you have a smaller space to work with, a glass staircase will give you the illusion of extra space, especially if you choose clear glass panels.

Balustrades are barriers that go around the edge of a designated area, such as a balcony or staircase, to make it safe. The options and products Glass Solutions offer include frameless glass designs, Juliet glass balconies, decking glass, glass walls and windscreens, and stainless steel and glass.

Toughened glass balustrades used in glass staircases are incredibly strong and durable. Due to this strength and durability, a glass staircase needs little maintenance and should last for many years. They are also easier to clean than wood staircases.

Whilst staircases and balustrades are Glass Solutions' most popular types of installations, they also undertake bespoke projects. Think about glass walls and doors, shower enclosures, large glass replacements and glass splashbacks and mirrors.

You'll find examples of their bespoke work as well as staircases and balustrades at their new offices at Killinghall Stone Quarry, just off the A61 near Ripley.

This quirky space has one of the biggest splashbacks you are ever likely to see – the Knaresborough viaduct image measures nine by four metres!

There is no standing still for Paul and his team as ,they are constantly looking for new ways to be creative and innovative.

"We are always trying to grow our skills and new ideas in the glass installation world," Paul says. "We will keep our business small and personal to ensure we stay focused on quality. and not quantity."

Modernising your home and garden with glass makes a statement. Not only does it look fantastic, it can maximise the amount of light in your home, it's easy to maintain and, ultimately, can add value to your property.

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Glass Solutions, 15d Killinghall Stone Quarry, Ripon Road, Harrogate, HG3 2BA. 01423 509940 / 07734 654 668 hgwsolutions.co.uk

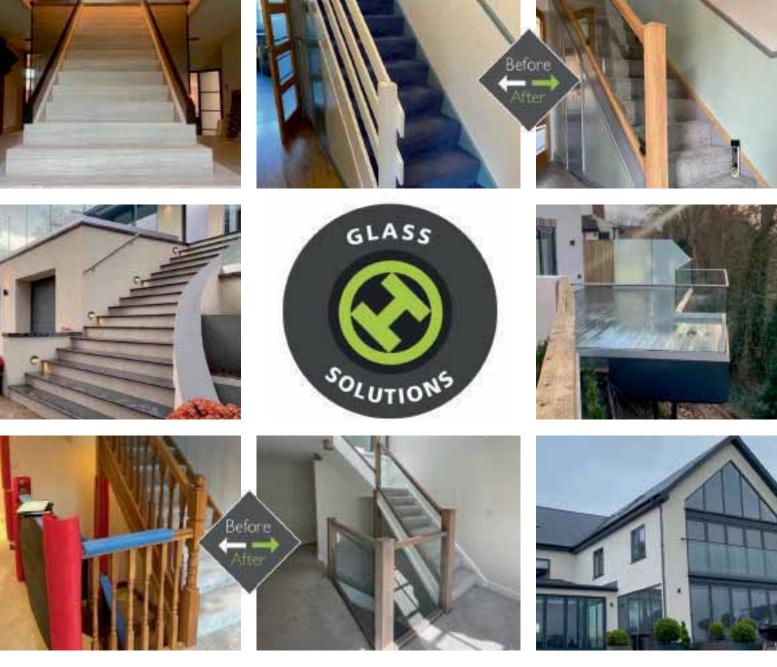




'I've always been creative and wondered where all the glass would end up when we'd made it. So I started to take an interest and set up a bespoke glass installations company'







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The new Pod Pro by Eight Sleep, the only mattress that leverages thermoregulation and biofeedback to ensure deep, quality sleep. Sleep is one of three pillars of health, together with fitness and nutrition, hence, getting a good night's sleep is vital to physical and mental wellbeing. Using the Pod Pro app, you can monitor your sleep and even programme a gentle alarm call, one which won't shock the system. Sleeping has never been this smart. **Pod Pro by Eight Sleep, £3,295, eightsleep.com**

Perfect FAMILY HOME

A modern house built "properly" in grand Edwardian style and proportions is for sale near York

he owners of this gracious Edwardian-style contemporary home spent over a searching for the perfect house in the area for them and their two children. "We needed daily access to schools

children. We needed daily access to schools in York, frequent access to London and easy connections to the motorways," the husband of the couple says. "York House in Upper Poppleton ticked every box and was also situated in the lovely village just outside the city."

It was worth the wait. "York House is a little unusual – it was built only 22 years ago and yet inside has the feel of a grand Edwardian country house. It has 10-foothigh ceilings, lovely heavy doors throughout and plasterwork made by real craftsmen.

WORDS: CATHERINE TURNBULL

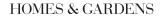
It even has a working system of bells that can summon staff from the kitchen to the principal rooms, just like *Downton Abbey* – we haven't used it! The house is built in the old orchard of one of the main houses in the village, so despite being a relatively modern house it has a lovely mature garden."

When the family moved in, it was in such perfect condition and built to the highest standards, that it was mainly a question of maintenance. "We did build a rather nice oak carport for a further three cars and removed the outdoor swimming pool which just didn't get used for 11.5 months of the year! Parker Oak designed and built the carport and did a great job."

On the style the owner says this is very much Edwardian, but benefits from great architectural design. "Instead of being long and thin, the house has three 'wings' built around a central core with a lovely staircase. As a result, the flow around the house really works." The couple also love the modern tech, including superfast broadband and the central vacuum system which operates throughout the house. The external lighting makes the house look spectacular at night.

There is also an Edwardian coach house. This is self-contained, fully equipped ancillary accommodation and has been used in various ways over the years. It is ideal for an au pair, domestic staff, elderly relatives or just guests who'd like a little space of their own.

When asked what they have most loved about living there, the owner adds: "We have many happy family memories – our children grew up here so it will be a wrench to leave. The location is so perfect – we go right to





head for the Dales, left to visit the Moors, and of course York is such a lovely place to be. Our fondest memories will probably be big family Christmases over the years. The house soaks up guests – we've frequently had over 20 people staying at a time."

York House is a remarkable contemporary house completed 22 years ago to an impressive scale and skilfully designed so all rooms are relevant, utilised and connected; this is first and foremost a family property. High tech luxury and day-to-day comfort are at the heart of this modern home with the centrepiece being a spectacular cantilever staircase that rises to a galleried landing.

The elegant drawing room is a large, light room with tall sash windows facing south, east, and west. There is polished herringbone parquet flooring, a decorative cornice and two elaborate ceiling roses, raised panelling to the walls and a fireplace with painted and carved surround, panelled overmantel and marble hearth. French windows lead to a lawned area.







'Instead of being long and thin, the house has three 'wings' built around a central core with a lovely staircase'



The formal dining room has an open fireplace in a simple stone surround and hearth, a walk-in drinks cupboard and French doors that open south on to the garden. On the western side of the house is the study – a light-filled room with French doors opening south and north. The kitchen breakfast room with its connecting sitting room is a wonderful family space.

he living area has a bespoke television and media cabinet with a further range of cupboards, shelves, drawers and bookshelves. The kitchen has a fouroven cream Aga in tiled recess, and a

substantial central island unit with a four-ring halogen hob. There is a substantial built-in dresser with

There is a substantial built-in dresser with shelves, drawers and glazed cupboards and a further built-in unit for housing fridges and freezers. French windows open to the garden towards the summer house, and a door leads to the back kitchen/laundry with larder, double sink, granite worktop and dresser unit.

A rear staircase rises to the first-floor rear landing and bedrooms. The principal bedroom suite has an open fireplace in a simple stone surround, walk-in wardrobe with built-in wardrobes, two dressing rooms and a bathroom. There are four further bedrooms on the first floor, two with fitted wardrobes.

On the second floor are two designated bedrooms, one with walk-in wardrobes and an en suite shower room. In addition, there is a cinema/games room, separate gym and bathroom. The boiler room houses three boilers, two hot water cylinders and the Centravac cleaning system.

Of note is the separate coach house, believed to be of Edwardian origins. A glazed front door opens to the conservatory-style living area with oak flooring, which is open plan to the kitchen dining room. The ground floor bedroom suite has a built-in plasma screen television and separate dressing area with bespoke fitted wardrobes and a Travertine wet room with a cast iron roll top bath. The second bedroom on the first floor has its own shower cubicle and WC.

York House stands in a beautifully maintained garden, with a timber summer house, productive fruit trees, shaped lawns, herbaceous borders and shrubberies. The garden sweeps round to the west past mature holly, laurels and rhododendrons, culminating in a substantial row of yew trees. In all the plot is 0.63 acres.

The location of York House is ideal with its edge of village location giving countryside views across the Vale of York; the city is on the doorstep and the ring road provides rapid access to Leeds and the A1M. York House in Upper Poppleton is for sale with Blenkin for $\pounds 2.95$ million.

blenkinandco.com



'York House is a little unusual – it was built only 22 years ago and yet inside has the feel of a grand Edwardian country house'







What the agent says

A spectacular contemporary family house with coach house, located just outside the City of York

Principal house: reception and staircase hall, three reception rooms and study, kitchen breakfast room, back kitchen/ utility, two cloakroom/WCs, principal bedroom suite with bathroom, two dressing rooms and walk-in wardrobe, six further bedrooms (three with en suite bathrooms) two further bathrooms, linen cupboard, cinema room

Coach House: living room, kitchen cloakroom/WC, two bedrooms, bathroom shower room, single garage three-bay car port with store over, storeroom gardener's WC, summer house, mature walled gardens

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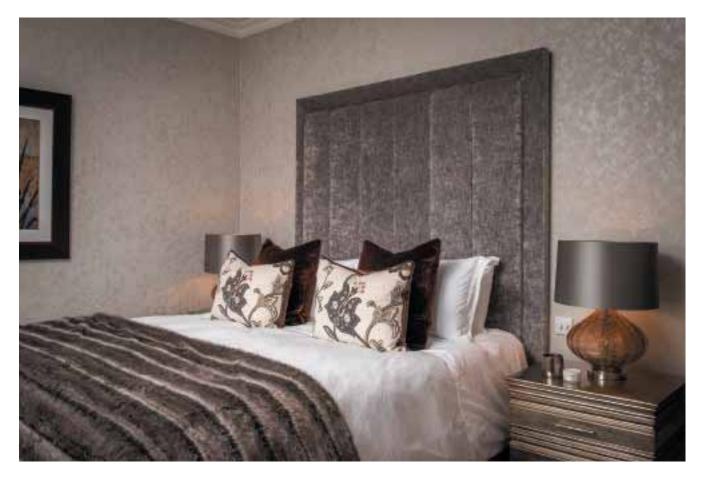
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DELIVERING EXCELLENCE

Thanks to its skilled experts, unrivalled portfolio and inspiring showrooms, Richard Grafton Interiors is consistently referred to as Yorkshire's premier interior design house



ut how much do you know about its range of services and how RGI can help transform your property into a dream home?

IMPECCABLE DESIGN AND CRAFTSMANSHIP

Richard Grafton Interiors prides itself on its exceptional interior design service, which brings together fabrics, furnishings, lighting, flooring and accessories to make a customer's vision a reality. But what many people don't know is that the design house also work with an artisan manufacturing facility in the heart of Yorkshire. There, cabinetry and furniture can be handcrafted to your exact specifications, so you achieve perfection in every room of your home.

LIVING SPACES

RGI's aim is always to ensure a living space is right for the people who use it and the way they live, whether it's for relaxing, entertaining or watching films. One of the ways the design house does this is by thoughtfully designing and making unique pieces of furniture, including media cabinets and dining tables, which can be adapted to make life a whole lot easier.

KITCHENS

The heart of the home needs to work as hard as possible. To ensure this happens, RGI's interior designers and spatial planners get to know how you cook, dine and relax, before creating a kitchen plan that's truly fit for purpose.

The design house will then handcraft all of your kitchen's cabinetry from the finest materials, finish them with exquisite details, and install them with exceptional care.

BATHROOMS AND WET ROOMS

No matter the size of your space or the light available, RGI can work with you to design the perfect retreat for you to unwind. Its showrooms also feature luxury bathroom suites, as well as a superb range of wall coverings, tiling, flooring and lighting options. Plus, you can choose to have bespoke vanity cabinets designed for your family so they seamlessly match your scheme and meet everyone's practical needs.

BEDROOMS AND DRESSING ROOMS

Whether you want to completely redesign your bedroom, install new wardrobes or add the dressing room you always dreamed of, RGI's expert team can draw up plans to suit your specifications. This could involve them combining luxurious fabrics from world leading designers and RGI's bespoke cabinetry.

SOMEWHERE A BIT MORE UNUSUAL

Maybe you have a cellar that could be converted into the ultimate wine store? Need your garage to do much more for you than simply house a car? Or want to add some wow factor to your entrance hall? RGI's expert design, manufacturing and installation team have a long and successful track record of transforming every type of space in a home so it delivers on all fronts.

A STRESS AND HASSLE-FREE PROCESS Bichard Grafton Interiors values ou

Richard Grafton Interiors values customer service just as much as creativity and 🕤





craftsmanship. That's why it follows a process that takes away stress for customers, delivers quality at every stage of a project and produces a finished space that always aims to exceed expectations.

1. A relaxed, informative chat

Listening to and understanding the needs of a customer is integral to the success of all of RGI's design projects. At an initial meeting, one of its expert interior designers will discuss your ideas, aspirations and personal tastes, as well as how you use your home. This information is then used to inform every aspect of the design stage so your new space is perfectly tailored for your lifestyle, tastes and personality.

2. Precise, imaginative design

RGI's talented interior designers, interior architects and spatial planners use their unique skills, perspectives and creativity to



develop bespoke designs that will realise your vision. These options are then presented to you and typically show the layout of your space, colour scheme, furniture and lighting specifications, floor finishes and fabric palettes.

3. Flawless construction and installation

Whether you're refreshing a single room or redesigning an entire home, RGI can make life much easier for you after the design of your project has been finalised. That's because it regularly works with high quality and trusted tradesmen who are vastly experienced at turning our creative designs into spaces that are perfectly practical and look incredible.

4. Premier project management

From the beginning to its very end, RGI can manage every aspect of your project so it runs completely smoothly and fits around your personal circumstances. Many of RGI's existing clients greatly appreciate this service because it allows their interior dreams come true with minimal disruption to their life or household.

EXCITED TO WELCOME YOU

Richard Grafton Interiors' three showrooms are the perfect place to visit if you're starting an interiors project and looking for some inspiration. In the spa towns of Harrogate, Ilkley and Wetherby the



'Listening to and understanding the needs of a customer is integral to the success of all of RGI's design projects'

showrooms feature carefully curated room sets dressed with exquisite home accessories, wall coverings and fabrics, as well as bespoke cabinetry and furniture made by the design house's own craftsmen. In addition, you can continue to shop a range of items online from the comfort of your own home with quick delivery times, exclusives and offers without compromising on quality or customer service.



Harrogate Showroom

The Ginnel, Montpellier Quarter, Harrogate, HG1 2RB. 01423 817117

Ilkley Showroom

Crescent Court, Ilkley, LS29 8DE. 01943 601139

Wetherby Showroom

22 High Street, Wetherby, LS22 6LT. 01937 538488

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Life Style-Living



These luxe velvet pumpkins are the ultimate in Halloween décor – an eye catching addition to your table, mantel or seasonal décor display. The trio includes a large harvest coloured pumpkin (width – 17cm) and two medium-sized rust coloured pumpkins (width – 14cm) made from soft velvet. The hand-painted gold stem is made of durable resin. **£38, truffletablescapes.co.uk**

A sustainable FORCE

We take a close look at how Rodgers of York is at the forefront of design, whilst also being environmentally conscious

odgers of York is proud to offer its customers a very wide choice – with striking contemporary looks, classic and elegant collections, new designers and established names in furniture and furnishing.

Whether you want to refresh your dining area, need a new look bedroom, carpet your entire house, or track down exciting lighting and accessories, you'll be inspired by Rodgers' room sets and ranges. As well as offering such striking choices for your home, what also stands out about the store, is that the team does as much as they can to operate in an environmentally-friendly way.

They adopt a proactive approach to recycling – whether that's all paper, cardboard and plastic packaging, through to bigger elements like recycling furniture and carpets collected from customers' homes as part of the service – to minimise landfill waste. Only 15 per cent of their waste goes to landfill. They also work in partnership with York Community Furniture Store, donating furniture to help those most in need.

Their environmental approach extends to the brands they feature, and here we pick out five that truly highlight how being sustainable does not impact on the quality of design.

Ulster Carpets

Ulster Carpets are the manufacturers of high

quality wool carpets. Wool is classed as a rapidly renewable material, wool fleece is regrown in 12 months, providing a sustainable supply of high quality raw material.

Most of Ulster's ranges are a blend of 80 per cent wool and 20 per cent nylon yarn, and they have a 100 per cent natural undyed wool range called Natural Choice, developed to minimise the impact on the environment, yet suitable for heavy wear applications.

They also produce a quality underlay called Axfelt Triple Layer Underlay, made from 100per cent recycled materials, including old carpets and rubber tyres.

Good for the environment, but also for you, wool carpets improve air quality, thermal insulation, and have anti-allergy properties.

Woodpecker Flooring

The manufacturers of the finest wooden floors, all of Woodpecker Flooring's wood is sourced from responsibly managed sustainable forests and is fully certified to the highest standards. It also offer sa range of bamboo floors, the most sustainable choice that grows even faster after cutting and regenerates every five years.

Woodpecker is committed to becoming the first carbon negative flooring company by 2030, and is also creating the Woodpecker forest of tomorrow, planting 50,000 saplings in 200 acres around its home in South Wales

Stressless

To Stressless, being green is much more than a claim – it is a way of life. The Norwegian company manufactures elegant sofas and chairs. It re-uses materials to cut back on the need for additional resources, such as using the European beech for chair bases. The excess wood chips are collected and burned to produce the heat used in the factory and offices, and scrap leather is collected and sold to companies who make smaller leather products. Sustainable materials are sought, 'What also stands out about Rodgers is that they do as much as they can to operate in an environmentally way'

and Stressless only uses water based paints and lacquers. When you buy a Stressless product you are investing in comfort and also making a sustainable and responsible choice.

Stressless products are so well made they will last a lifetime.

Venjakob

This company is a leading manufacturer of high quality living room and dining furniture. As a sustainable company, economy and ecology are of equal importance. Venjakob believes sustainability begins with design, therefore it strives for a timeless creation, well thought through from start to finish. Venjakob was one of the first companies in the furniture industry to voluntarily offset its emissions fully





in accordance with the 'Clean Development Mechanism'. Wood used is from hand-picked suppliers, the furniture is naturally-finished and it contributes to the replanting of local deciduous forests.

Hypnos

This bed manufacturer puts sustainability at the centre of everything it does, from the use of renewable natural resources to carbon offsetting progammes.

Hypnos is the first carbon neutral bedmaker in the world, and has held this prestigious title for a decade, as well as being holders of the Queen's Award for Enterprise for Sustainable Development.

All Hypnos beds and mattresses are completely recyclable – they never go to landfill – and the firm works hand in glove with the Red Tractor organisation, Better Cotton Initiative and Cotton Connect. Timber used for bed bases is from managed sustainable forests, and it was the first bedmaker to comply with ISO 14001 Environmental Management Systems.

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HOME OF THE COOKING RANGE

Walter Dix & Co's experts know a thing or two about picking out the best cooker and refrigerator for your kitchen

ringing the latest in quality cooker design to your home, whether you are looking at built-in ovens, range cookers, extraction or refrigeration, Walter Dix & Co provide expert knowledge and their showroom in Gateshead highlights the very best in the cooking and refrigeration market.

A range cooker provides the look and attraction of a statement piece in any home coupled with, on average, three times more useable capacity of oven space when compared to built-in ovens.

Walter Dix & Co supply over 12 different brands of range cooker and there are many on display at their showroom with differing fuel types, trim and colour options. Specialising in electric heat storage range cookers from the new generation flexible cast iron Aga cookers and electric range cookers of Esse Rayburn and Everhot. Walter Dix & Co offer flexible finance options and a fantastic trade in scheme for customers wishing to trade in an older Aga for a new electric model. They also provide refurbishment and conversion to electric of oil and gas Aga cookers. There is now every opportunity to be able to provide an product more geared towards a greener future.

The team at Walter Dix & Co pride themselves on giving the best unbiased information and advice on the products to help guide each customer







Walter Dix & Co also specialise in food preservation systems and refrigerators. Rangemaster, Aga, Steel and KitchenAid are available to see in the store. These sit alongside fantastic preservation systems from SubZero combining the very best in cooling systems to protect and prolong the life of your household food and wine.

The team at Walter Dix & Co pride themselves on giving the best unbiased information and advice on products to help each customer to select the best appliances for their home.

Whether your project is a new-build, a renovation or a new kitchen design, the team at Walter Dix & Co would love to hear from you. Make the right choice at the right price.

The showroom is open six days a week and provides ample free parking.

Walter Dix & Co, 1 Stirling Court, Team Valley, Gateshead, NE11 0JF. 0191 4820033 sales@wdix.co.uk wdix.co.uk

MAKING LIFE EASIER

Assisted Living provides mobility bathing solutions and installations to improve your quality of life and maintain independence in the comfort of your own home

e spend a great deal of our time in the bathroom, and for most of our lives the experience is stress-free and a matter of routine. But the older we get, tasks which were once

simple become increasingly more challenging and potentially even dangerous. Fortunately, help is at hand for those of us

who are getting older or have mobility issues. Assisted Living is one of the region's premier providers for mobility bathing solutions and installations, offering a comprehensive range of walk in showers, baths and wet rooms to improve your quality of life and maintain independence in the comfort of your own home.

In a recent study 87% of over-65s now say that they would rather grow old living at home, and adapting existing facilities is generally a much more cost-effective option than moving into residential care.

Safety and comfort are the most important considerations when designing or remodelling a



'Following your design appointment, you will be presented with a 3D design visual of your new bathing solution'



bathroom and it is important to use a specialist with expertise in each stage from survey to design, through to installation.

Assisted Living say: "From initial enquiry through to completion we provide a dedicated team of specialists to assist you."

Managing director, Leigh Edmondson explains: "Our technical surveyor will discuss your requirements. Following your design appointment, you will be presented with a 3D design visual of your new bathing solution and a no obligation quotation, bespoke to your exact requirements and budget.

"If you wish to proceed with your quotation, our dedicated Client Services team will contact you with an installation date, payment schedule and your order will be placed. We pride ourselves on a completed installation within six weeks from the date of order. Upon completion of your bathing solution, our in-house fitting team will complete a quality check to make sure you are 100% happy with your new bathing space.

"Our team are available to assist with any post installation queries you may have. All our products come with an approved manufacturer's warranty and a 12-month parts/ labour warranty."

To book your design appointment and free no obligation quotation then please get in touch.

01274 215752 assistedliving.ltd Hello@assistedliving.ltd

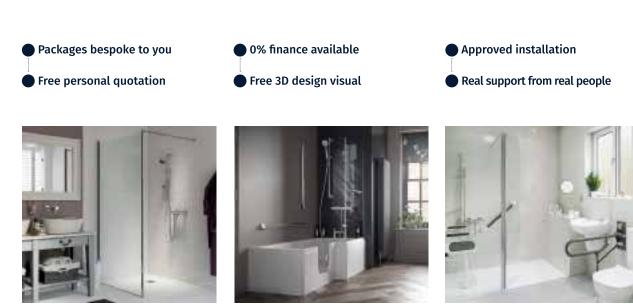


WALK IN SHOWERS | WALK IN BATHS | WET ROOMS

"Maintain your independence with our range of bathing solutions."



bathe in confidence





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WALLPAPER WE LOVE

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Fashion FIRSTS

York Fashion Week hosts a second weekend this year in the city, with student designers playing a key role





'York Fashion Week is a trailblazer for home-grown designers and fashion's new generation'

Shoni Wilkinson



Mark Bewick, managing director of York Fashion Week says: "We're delighted to be back, and to be doing a second event so soon! We've got some amazing events lined up for October and an incredible range of creative talent to be celebrated. I'm particularly proud of the work we've been able to do with the students and grassroots designers. They've been brave in their work and have taken creative risks which have resulted in some outstanding fashion."

The links to student fashion is a strong thread that runs through York Fashion Week, and even lecturers are getting involved. Kat Atkinson, who is an influencer, lecturer at



Leeds Beckett University and former model explains: "York Fashion Week, is a trailblazer for home grown designers and fashion's new generation. It really does shine a spotlight on emerging talent and helps share their journey as they set about influencing the fashion trends of the future. I joined the brand as an ambassador in 2021 and will even be back modelling at our October event."

To book your tickets and to view the full calendar, visit the website.

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YFW top picks

BRABBS

OLIVIA

Æ

PHOTOGRAPH

STUDENT & GRADUATE RUNWAY *The Guildhall, October 7*

The Student & Graduate Runway is a night of empowerment and celebration, with talented designers that have taken their education in fashion and turned it into an innovative and exciting collection. You will see collaborative collections as well as stand-alone works of art, in this impressive creative showcase. Enjoy a luxury drink on arrival by The Vices York.

INDEPENDENT RUNWAY *The Guildhall, October 8*

Join YFW at this exceptional venue for a night of inspiration by a selection of independent brands from across the UK. Sit back and enjoy a runway show that is packed with creative talent and celebrate the independent designers who are pushing boundaries in fashion. Please note that this show does feature elements of nudity and is not suitable for guests under the age of 16. Enjoy a luxury drink on arrival by The Vices York.

WARPAINT

Malmaison York, October 9

The story of Warpaint has dazzled audiences since the launch, as an inspiring brand that supports and empowers people undergoing treatment. It also provides a wider network and support for the people around them. The tagline, Fashion for the Fight, perfectly sums up the ethos and message and we welcome you to view their new collection as well as meet the wonderful women behind the brand, Joanne Nicholson and Claire Myles Wharton.

Sahara

For clothes that mean *more*, that add to the *story* of our *lives*.



Discover the New Collections

6-8 Swinegate York YO1 8AZ | Tel: 01904 619534

saharalondon.com

SPOTLIGHT In partnership with Living





Transform yourself with this show-stopper Hollywood mirror with speakers, which gives you full control of your look and sound. Simply connect via Bluetooth to Glamour Mirrors to start playing directly from your device! Frame yourself in 11 bright LED bulbs which change from a crisp cool white for flawless make-up application, to a relaxing, warm light for easing into the evening with a simple touch of a button. This gorgeous mirror also comes complete with dimmer switch to get your perfect level of brightness in either colour, and two plug sockets to charge your phone while using your hair styling tool.

Whitney Audio Hollywood Mirror with LED Lights , £270, glamourmirrors.co.uk

It's Black Swhite





















Footloose Shoes, 47 Market Place, Pocklington, YO42 2AP 01759 301201 | footlooseshoes.co.uk



FRANK LYMAN

Step into Pennita to visit one of the largest showrooms of Frank Lyman fashion collections

Exclusive Frank Lyman fashion show to be held Tuesday 11th October. Call or email for more details.

PENNITA 1 Castlegate, Helmsley | Tel: 01439 770567

Merrille.



Email: helmsley@pennita.com | pennitaonline.com



A-Z of AUTUMN

From seasonal knits and lovely layers to Jimmy Choo boots and timeless trenches, Katy Pearson says October has never looked so stylish...



IS FOR ART NOUVEAU

One of the most iconic and recognisable collections from Scandinavian jewellery brand, Georg Jensen, Moonlight Grapes in sterling silver or gold combines the Art Nouveau heritage of the house with a bold contemporary style. Based on an Art Nouveau motif, the jewellery from the Moonlight Grapes collection has a bold and sculptural presence that makes it the perfect choice for women who have a strong sense of their own personal style. Browse the collection at Berry's Leeds & York or berrysjewellers.co.uk







IS FOR BLUSH Sophisticated glamour by Hogl, £149 Footloose Shoes, Pocklington footlooseshoes.co.uk



IS FOR DIAMONDS

Classic, traditional and timeless. The diamond trilogy, designed and UK Created by Kay Bradley at Bradley's Jewellers, York from £1,950





IS FOR COSY

Black cape with square design border, trimmed with faux fur. This gorgeous cape will keep you warm all winter long. £245. pennitaonline.com





IS FOR FABERGÉ

Introducing the Fabergé Yorkshire Rose opening egg locket by Kay Bradley, Bradley's Jewellers, York From £7,000



Ethically sourced, Single Mine Origin green gold, oval solitaire diamond rings, from **£2,950** designed and UK created by Kay Bradley from Bradley's Jewellers, York







IS FOR **KNITS**

And this is definitely the season to make a statement with texture and shades of tangerine... Stella McCartney, Textured Knit Coat, £1,395, stellamccartney.com



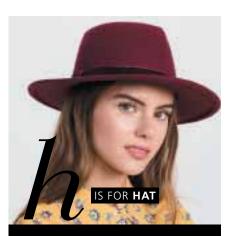
IS FOR ICONIC

The UK's most iconic country footwear brands, Fairfax & Favor and Le Chameau, have created a limited edition wellington boot, L'Alliance. **19 Market Place, Helmsley, York YO62 5YZ fairfaxandfavor.com**



IS FOR JACKET

There's something rather joyful about a new jacket as the summer comes to a close... and this MM6 Maison Margiela Suede Sport Jacket has the casual chic vibe totally nailed. £1,845.98, **shopbop.com**



With an innovative approach to luxury, Eugenia Kim marries clean, classic shapes with fresh, feminine modernity and a playful sense of wit. Bold colours, unexpected trims and high-quality materials are the signature elements that define the collection every season. The Blaine Hat in Bordeaux is everything we're wishing for this season! Eugenia Kim Blaine Hat, £245.85, **shopbop.com**



IS FOR LUXURIOUS

For the cool evenings of autumn/winter, you can't go wrong with this off white/taupe ombré cape trimmed with faux fur, to keep you warm and fuzzy and always looking stylish. **£245. pennitaonline.com**



Give your immune system the support it needs so you can feel healthier and more resilient all day, every day. £43 **monatglobal.com**



It's a hue that's truly timeless - and this black Diamantissima watch by Gucci is subtle but oh-so-stylish. £860, Gucci: selfridges.com



When it comes to quality handbags, Mulberry takes some bettering. And this Antony leather cross-body bag, which is 100 per cent leather with a Postman's Lock closure, is giving us the grownup version of back-to-school new bag wishing! £675, Mulberry: selfridges.com

IS FOR **SKIN TREATMENTS**

Award-winning HydraFacial is the ultimate skin detoxifying and deep cleansing experience, which rejuvenates your skin with active botanical ingredAients. The treatment reveals glowing, refreshed and radiant skin with immediate results. HydraFacial is a treatment that everyone can enjoy and is suitable for all skin types and concerns.

The Sessions House, New Walk, Beverley, HU17 7AE 01482 873000 sessionsspa.co.uk





Who doesn't need a little bit of sparkle in their autumn? Subtly shiny, the Glitters Crystal Mini Cross Body Bag will give your wardrobe a lovely lift. £130, tedbaker.com





IS FOR RETRO Chestnut brown block heeled chelsea. By Hogl, £159 Footloose Shoes, Pocklington footlooseshoes.co.uk



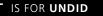
The warm tones of rose gold look great with any skin tone so the new 18ct rose gold pendant from the Berry's OPEIA Collection is the perfect addition to their special 125th anniversary jewellery range. A celestial-inspired range of elegant diamond jewellery with a strong focus on family, depicted by the shape of the classic circle to celebration the family business, infused with bursts of light and inspired by shooting stars. berrysjewellers.co.uk





IS FOR TRENCH

Inspired by a classic trench with sailors' twist, created from 100 per cent heavy linen sourced from a Lithuanian manufacturer's dead stock. Sailors Trench coat, £650, lemuelmc.com



The UnDid Luxurious Oil melt for hair and body, Meltdown is your newseason must-have. Your skin will thank you for it! £15, **theundid.com**







IS FOR WINTER WHITES Update your wardrobe with this on-trend biker boot by Hogl, £195 Footloose Shoes,

footlooseshoes.co.uk

Pocklington

IS FOR **VOI**

A unique indoor forest bathing experience for your skin. Restore your lost connection with nature from living in an urban environment. This body lotion bar contains Humus Extract – Reconnecting Nature[™] from Finnish nature, a multi-tasking ingredient to help condition and support the natural biodiversity found in healthy skin. Suitable for mature and sensitive skins. Recommended for all dry or combination skin types. Suitable for vegans and cruelty free. Restore and Balance Microbiome Body Lotion Bar, £46, **ornkuu.com/product/voi**



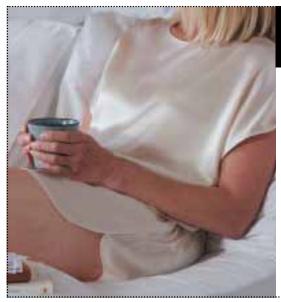
This oversized scarf in Buchanan Antique is made from 100 per cent lambswool which, along with being a naturally insulating, breathable and hypoallergenic textile, means it is beautifully soft. Available in three sizes – standard (£32), oversized (£49), or blanket (£70), tartanblanketco.com





IS FOR YELLOW

Want to add a splash of colour to grey autumnal days? A yellow umbrella will certainly do that. And this compact collapsible Umbrella Blunt Metro XS umbrella defies wind speeds of up to 120km/h without bending – indeed the Design Gift Shop claim it's the strongest folding umbrella in the world! £57.64, **thedesigngiftshop.com**





IS FOR **ZZZZ**

When it comes to treating yourself well, you can't do better than silk. That's because not only does it look and feel indulgent, but it has a host of other benefits. It will help you stay cool no matter how warm the weather (or central heating). It also helps care for your skin by reducing moisture loss and friction and is renowned for preventing wrinkles. Pure Silk Pyjamas Set – Shorts and Tee, £85, **soakandsleep.com**

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FASHION EDIT

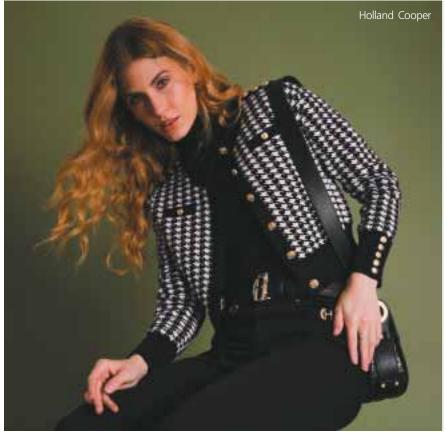
Take a look at some of the exciting brands this season at the stylish new Jules B womenswear store in Harrogate

ndependent luxury fashion retailer Jules B's beautiful two-storey retail space in Harrogate showcases musthave clothing, shoes, accessories and gifts from over 45 big name brands and emerging labels. Discover everyday staples like denim and knitwear alongside elegant evening dresses, luxury bags and everything in between. The destination store is at 5 Cambridge Crescent in the heart of Harrogate.

Just like in the retailer's Jesmond and Kendal stores, Jules B Harrogate offers a personal shopping experience. The store is beautifully decorated, and the friendly team will help you find the perfect new piece for your wardrobe. As an independent retailer,







Jules B has the freedom to handpick pieces that customers will love and bring together a modern edit of established and new generation designers. The Jules B ethos is "product before brand", with each piece selected on its own merits.

"We're proud to stock a wide range of products that you won't find anywhere else, from iconic luxury fashion brands to emerging labels soon to be on your radar," say Jules B directors and founders Julian and Rhona Blades. "Our exclusive selection of clothing, shoes and accessories blends on-trend styles and truly timeless pieces, and there's always something new and exciting to discover." Amongst the brands on offer in the store are:

OSKA: A contemporary German fashion brand well-loved for its range of flattering, timeless and high-quality pieces that are functional yet effortlessly stylish.

Barbour International: Everyday staples with a glamorous edge. Each design pays tribute to Barbour's motorcycle heritage and promises a cool, modern aesthetic, whether it's an essential tee, slouchy knit or luxe quilted jacket.

Holland Cooper: An iconic heritage brand synonymous with British luxury. Shop

a well-edited selection of luxury investment pieces, from ultra-flattering denim to beautiful outerwear designed to last a lifetime.

Hayley Menzies: Maximalist pieces with a bohemian spirit. This quirky label has amassed an impressive cult following over the past decade thanks to the eponymous designer's eclectic collections and love of uplifting prints.

NU London: Istanbul-based contemporary brand, pieces are designed to set trends and never to follow. Sophisticated collections, which are characterised by their functional appeal and use of innovative fabrics.

Rag and Bone: Directional modern design for that understated, New York cool look. Collections expertly meld classic tailoring with an edgy aesthetic to create an effortless, laid-back style.

With this latest opening, Jules B now has a portfolio of five stores across the North East, Cumbria and North Yorkshire.

These accompany a successful online store For more information about Jules B, please visit the website below.

5 Cambridge Crescent, Harrogate. julesb.co.uk

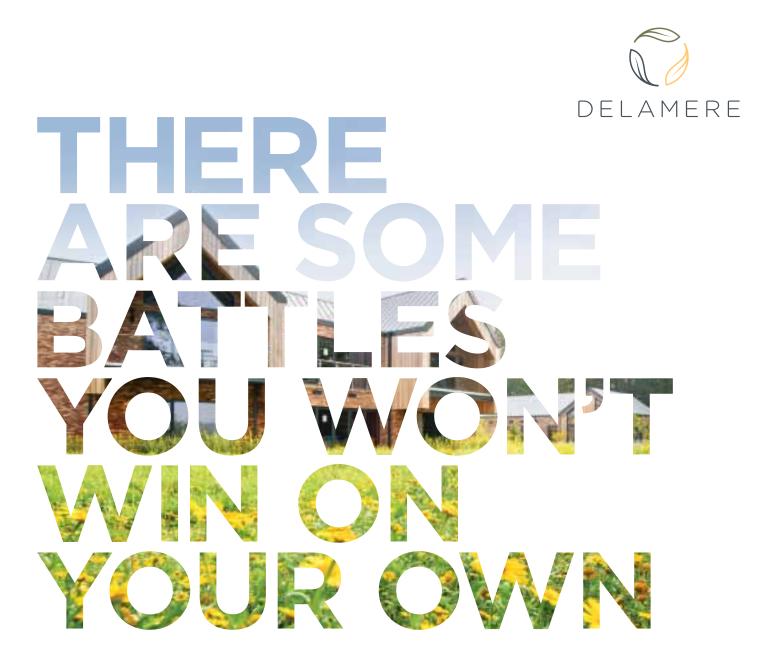
JulesB

HOLLAND COOPER HAYLEY MENZIES ZADIG & VOLTAIRE RAG & BONE HIGH STINE GOYA MACKAGE BARBOUR NU LONDON OSKA LURDES BERGADA ISCHIKO LOFINA CAMPOMAGGI VAN KUKIL

EXCITING NEW STORE HARROGATE NOW OPEN!

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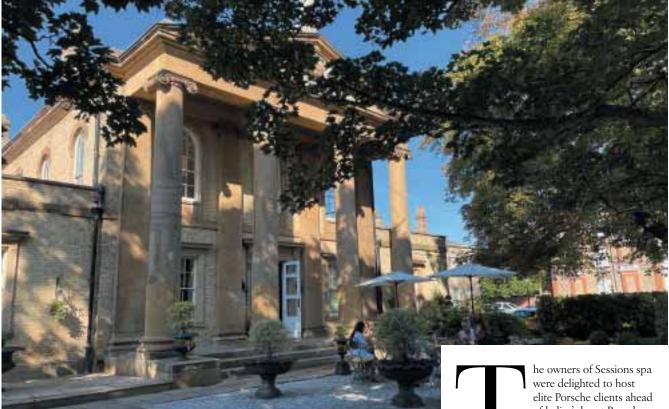
People come to stay with us when an aspect of their life is overwhelming all else. Whether it be their relationship with alcohol, substances or behaviour, we help guests heal and take back control. Delamere Health Ltd is the UK's only purpose-built behavioural health clinic. Set discreetly amidst six acres of grounds beside Delamere Forest in Cheshire, we offer exemplary care in a dignified setting.



To find out more, visit **Delamere.com** or contact our admissions team on **0330 111 2015**

RACEDAY PAMPER

Ladies attending Beverley racecourse looked amazing - thanks to the luxury beauty treatments they received at Sessions spa



'We were made to feel so welcome and valued, and thoroughly enjoyed the whole experience'





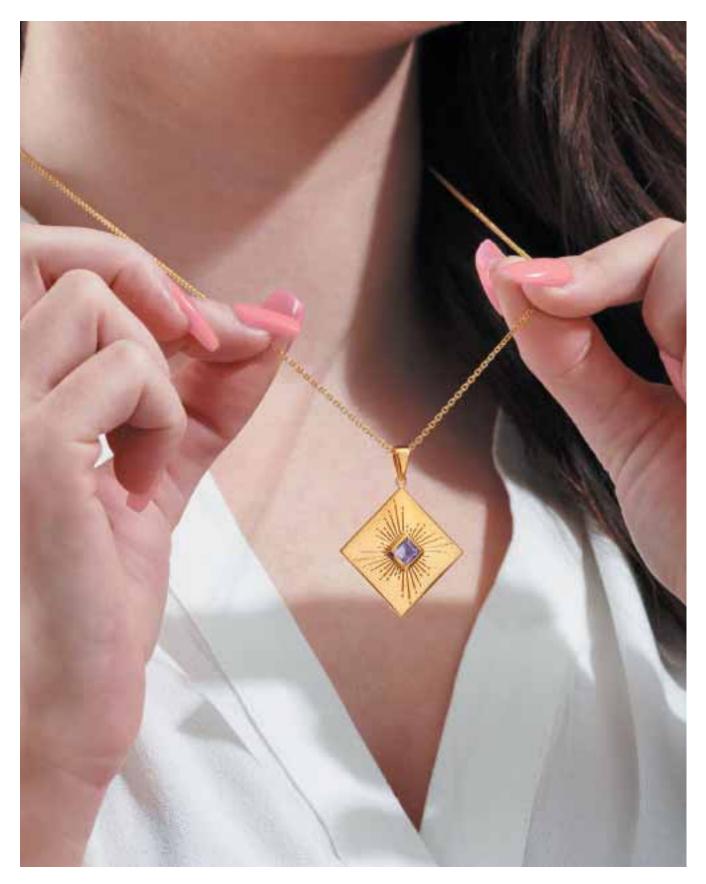
of ladies' day at Beverley racecourse recently. The fabulous ladies enjoyed a

luxury champagne breakfast before their pamper journeys, which included Sessions' signature massages, followed by advanced beauty facials, leaving all the guests feeling amazing for their delicious lunch, before departing with a bespoke Sessions gift bag.

"I know that a lot of effort went into the whole event," Porsche client Elaine says. "We were made to feel so welcome and valued, and thoroughly enjoyed the whole experience." Owner Ian Richardson judged the most stylish race goer in the male and female category during the day at Beverley Racecourse. Discover luxurious beauty treatments, rejuvenating spa experiences and expert hair care at Sessions spa in the heart of historical Beverley.



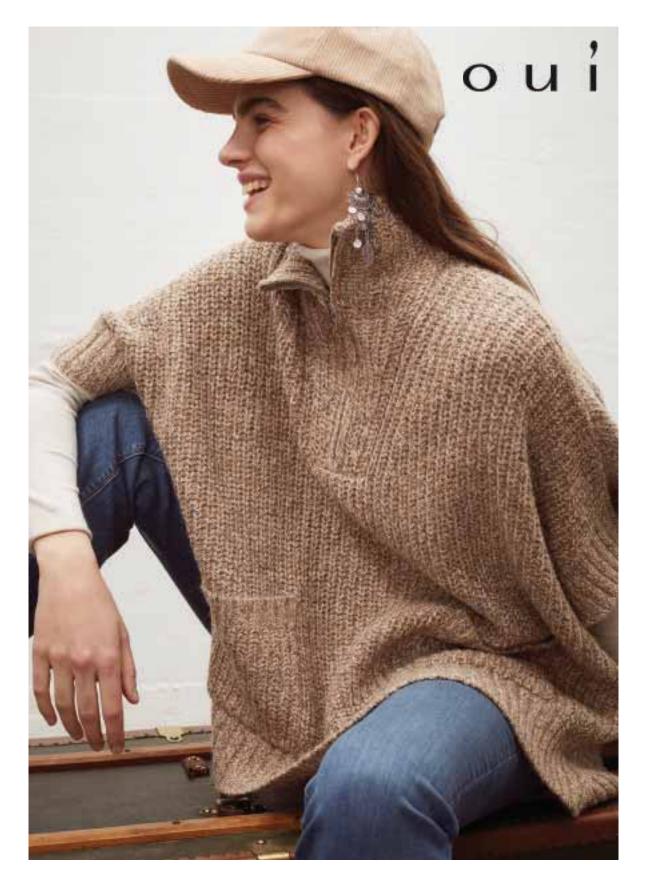
The Sessions House, New Walk, Beverley, HU17 7AE. 01482 873000 sessionsspa.co.uk



This unique pendant features baguette cut amethysts in gorgeous shades of purple creating an ombre effect. This luxury piece will add a pop of colour to complete your autumn look. Mix and match with other Fool's Gold necklaces for an ultimate layering style. Presented in an elegant black gift box complete with our logo in gold foil, this is the ideal gift for a loved one, or for yourself.

Ombre Amethyst Tag Pendant, £125, foolsgoldjewellery.co.uk





39-41 Market Place | Pocklington YO42 2AP | 01759 304901 jomorelleladieswear.co.uk



NEWLY LAUNCHED SESSIONS AESTHETICS

Autumn ready with Session's Medispa

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Popular Treatment areas 1. Back • 2. Underarms • 3. Arms • 4. Bikini 5. Chest • 6. Legs • 7. Face

6 full body laser sessions for **£1,499** for all 6 treatments. Sept/Oct only



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Popular Treatment areas CACI can treat

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Book a Caci synergy and receive a **FREE** CACI Lip lift. Sept/Oct only





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www.sessionsspa.co.uk

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A true investment piece, this stylish reversible jacket comes in sophisticated dark grey and offers two looks in one, with luxurious leather on one side and plush curly sheepskin on the reverse. A minimalistic design, it has an oversized revere collar and sleek angled pockets to add warmth, while stitch detailing across the front and sleeves makes for a premium finish. **Reversible Curly Sheepskin Jacket, £995, thewhitecompany.com**

Pioneering stem cell treatment for a

Kliniken, Yorkshire's state of the art day surgery clinic has now introduced a new procedure which uses fat stem cells to help heal osteoarthritis in the knee and avoid painful knee replacement surgery.

If you are living with pain in your knees or struggling to keep up with running, golfing or other hobbies due to knee pain then book your free consultation with Kliniken today to see if stem cell treatment is the right choice for you.

Kliniken is set in the beautiful countryside outside of Harrogate where the clean air helps relax and recuperate after treatment.

Please call us on 01423 206388 or visit our website at kliniken.co.uk Kliniken, Oakwood Park Business Centre, Fountains Road, Harrogate North Yorkshire, HG3 3BF

HEAR ALL ABOUT IT

Emily Balmer is the founder of The Hearing Suite, in Harrogate, which uses state-of-the-art technology to help people get their hearing back on track

opened The Hearing Suite on September 10, 2018 – just me in a clinic room, at the Mowbray Square Medical Centre here in Harrogate. Fast forward almost four years and sticking to my principles has worked, with the business thriving.

I had moved from my windowless room to the light and airy 52 East Parade, where me and the other two fantastic audiologists I employ help people get their hearing back on track – with micro-suction wax removal, incredible hearing aids and tinnitus management.

As I grew up in Ilkley, I was conscious, that the town lacked a full-time independent practice, so on September 10, Olivia will open the Ilkley practice in a beautiful building on The Grove, with state of the art technology and the customer service you have come to know and love from The Hearing Suite.

To find out more about what we do visit our website.

thehearingsuite.co.uk

A COMPANY OF A COM

The HEARING SUITE

Life is exciting. Don't turn down the volume. Book your consultation today.

> www.thehearingsuite.co.uk 01423 429 222 enquiries@thehearingsuite.co.uk

The Hearing Suite is an independent hearing clinic based in the beautiful spa town of Harrogate.

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01904 307383 | acuitis.uk/acuitis-york 35 Coney Street, York, YO1 9QL

NEW TO BROWNS

Discover the latest launches for hair, parfum and skincare for the autumn season and beyond



ELIZABETH ARDEN PREVAGE EYE SERUM 2.0 - £92

The 2.0 revolution continues with a powerful eye serum, which instantly brightens and de-puffs your under eye area. Supercharged antioxidant Idebenone is boosted by five agedefving ingredients to help visibly reverse aging signs. The serum perfects the look of skin around the eyes, while also protecting it against environmental damage.



L'OCCITANE SHEA VERBENA LIQUID SOAP ECO REFILL - £19

L'Occitane is still leading the luxury bath and body industry with sustainability and has now brought out eco refills in most of their bestselling soap range. The Shea Verbena liquid soap is one of the more popular liquid soaps with nourishing Shea Butter and soothing aloe-vera extract. It is a lovely gentle scented cleanser which is gentle enough for dry and sensitive skin.



TOM FORD NOIR EXTREME

PARFUM

THE ORDINARY 4% SULPHATE CLEANSER FOR BODY AND HAIR - £6.80 THE ORDINARY BEHENTRIMONIUM **CHLORIDE 2% CONDITIONER – £6.80** THE ORDINARY NATURAL **MOISTURIZING FACTORS + HA £10.80**

The Ordinary best known for its affordable no frills skincare range, has now moved into hair care. This long-awaited range consists of shampoo, conditioner and scalp treatment serum. It intends to focus on the importance of placing the same amount of effort towards caring for the hair and scalp as we would towards our skincare. The three-step approach to the hair care regime effectively cleanses, keep hair manageable through conditioning, and target scalp skin hydration directly through a leave-in scalp treatment. A simple but effective solution to hair maintenance.

All products are available from Browns Department Stores, Davygate, York, **YO1 80T** brownsyork.co.uk

Professional audiology at home and in clinics throughout **Yorkshire**.







Proudly independent, we are owned and operated by local audiologists who work in clinic every day to deliver the highest level of care and service. We offer premium hearing solutions and professional service that is accessible to all- see us in one of our clinics or the comfort of your own home

Our Hearing Solutions include

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- Hearing Aid Fitting
- Hearing Aid Repair & Servicing
- ✓ Ear Wax Removal
- ✓ Ear Health Checks
- Hearing Protection

Your Hearing Consultants Brass Castle Hill, 80 Market Street, Pocklington, YO42 2AB Kin Body & Sole, 11 Clifton Green, York, YO30 6LH

Yorkshire Eyewear, 80 Hailgate, Howden, DN14 7ST

Yorkshire Eyewear, 75 Boothferry Road, Goole, DN14 6BB

Woldsway to Health, Lances House, Cranwell Road, Driffield, YO25 6UH New Branch: Unit 3, 177 Hallgate, Cottingham, HU16 4BB

Your Hearing Consultants, Brass Castle Hill, 80 Market Street, Pocklington, YO42 2AB | 01759 361605 | www.yourhearingconsultants.co.uk

Our local hearing clinics:

Home visits throughout: Pocklington, York, Knaresborough, Driffield, Howden, Goole and surrounding areas of Yorkshire.







Scan the QR code to discover more about working for Wellburn and what a career in care can give you.

A career in care is super rewarding and with lots of job opportunities in the York area, we're right on your doorstep.

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We have lots of amazing job opportunities across all 3 of our York homes, and on top of that, we also have a **£500 Golden Hello** for all new starters. Be part of something special and take your career to the next level.

Join us and be a part of our talented team.

Discover our latest jobs and more about a career in care at:







REDUCE STRESS

When children start secondary school it is often a very stressful time for both the child and parent. Here we talk to the experts who can help ease the pain of this transition

he move from primary to secondary school adds extra anxiety for some pupils. So how can they and their parents be helped? Catherine Turnbull hears the answers from Laura Keay, deputy clinical lead, and Marianne Downie, clinical director, at the new private therapy centre The Harlow in Harrogate, which offers coaching, therapy and interventions.

What are the challenges facing young people during transitions between schools and beyond?

Present day young people have been through some extraordinary challenges and transitions, completely outside of their parents' experience, with the onset of the pandemic and subsequent lockdown etc.

As such we are seeing anxiety and distress at a level we have not seen before. Our groups will learn how to manage such events, normalise their fears, encourage their development into resilient young people, and help them as they move forward with their lives.

How can parents recognise the signs that the young person needs support?

Parents are the experts on their own children, and most will be aware of their wellbeing on a moment-to-moment basis. They may notice their children are more demanding than usual, reluctant to socialise, become anxious about bedtime, or are being quiet or withdrawing.

Each child will have their own way of letting their parents know and any parents can call The Harlow for advice. Sometimes the outcome can be a recommendation to a GP, sometimes it can be suggesting some self-help techniques the parents can use and sometimes it's the parents that come for therapy themselves. There are no strict rules; each person and family are unique.

How do The Harlow therapists approach this work with parents and children collaboratively?

In our Stepping Up group, which supports children moving from primary school into secondary education, we meet with parents/carers and the children together.





'I may not know how to deal with everything, but I do know how to find us some help'

When the children are comfortable, we divide the group; the parents will then be together in one group where they will have a confidential safe space to talk through their own child's issues.

The other group will focus on the children's needs. Our expertise is in the knowledge and experiences we have as therapists in child development that will allow us to present alternative ways of managing transitions.

How do you empower young people and parents or guardians to find solutions and embrace the change now and in the future?

Through providing a safe, confidential space to process any difficult feelings, fears, or anxieties, each of us can grow and become more resilient as changes are presented to us in the future.

Do you have some tips for parents?

Listen to your young people, without judgement, to notice slight changes in their behaviours and attitudes and to find a way to explore this with them. Sometimes sitting side by side with your child whilst playing a game, watching TV or driving is a less confrontational situation than sitting face to face. Maybe write a little note if they are not talkers and put it on their pillow. I suggest



that parents say to their children: "I may not know how to deal with everything, but I do know how to find us some help."

What other issues around child and adolescent development do you offer help with?

We have experience in working with children and young people with the following presentations – LGBTQ+, self-harming, sexual abuse, physical abuse, neglect, bereavement, grief and loss, anxiety, OCD, ASD, ADHD, peer relations, stress, social anxiety, exam pressure, harmful eating, self-esteem issues, LAC, divorce, bullying and family issues.

Is there an ongoing service? What are the options?

We are planning on having several groups running throughout the year since change and transition from one home, school or workplace can often be a problem for our children and/or ourselves.

How do parents access your services?

We are a private organisation and do not need referrals for parents to access our services. We are flexible with dates and times of appointments and we are not restricted by the number of sessions.

What is your ethos at The Harlow for families and breadth of services?

Our core beliefs are that most people can change with support and encouragement and our vision is to make therapy as individual to the client as possible. We will always involve the client in that decision process and the client has the right to choose their therapy pathway.

theharlow.co.uk

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PROMOTION



PERSONAL PLANNING

Chartered financial planner Louis Maddison changed the life of one his clients by working out a feasible retirement plan for her

inancial planning and mental health tie together very tightly. A study conducted by HSBC's insurance business revealed that three quarters (75%) of UK adults who have sought financial advice are more likely to possess average or above average mental health. And of those who haven't, 42% said their mental health slipped below average.

Talking about your finances is a stressful thing, never mind trying to organise them! A very common case we come across is when people are stressed because they are working a job they hate and feel like they can't retire. That was exactly how one of our clients, Mrs C, felt before coming to PenLife.

She needed retirement planning but believed she was financially unable to retire. Mrs C found her workload too much and too stressful.

Our chartered financial planner, Louis Maddison addressed her issue. Mrs C believed her salary needed to be similar in retirement as it was during her working life,

'A very common case we come across is when people are stressed because they're working a job they hate and feel like they can't retire'



so she could continue to afford her current standard of living. However, during her life, she made significant pension contributions and had already paid off her mortgage. So in retirement she wouldn't have either of those to worry about.

Louis worked out Mrs C's current income and expenditure and analysed what she actually needed in retirement.

He used cash flow planning to identify how her pensions and assets make up the puzzle in retirement. This is the process of looking at your current financial situation

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and planning for the future. Louis prioritised Mrs C's goals and formed her financial plan around them. Louis listened to Mrs C, understood her questions then developed and implemented a plan to ensure her goals were met.

Mrs C was thus able to retire whenever she wanted. From thinking that it was impossible to retire, to being in total control of when she can, a huge weight lifted from her shoulders.

She now has the time to do the things she truly enjoys, such as more shows at the York Theatre Royal!

Dealing with retirement can feel like an uphill struggle. That's why we've created this guide that outlines the options available when you retire. To request your free *How to Retire* booklet, please follow the instructions on the cut out.

Why don't you start your financial journey today? We can help you stop doing what you don't enjoy doing (but what we love doing!) and start doing what you really want to do. Request your FREE Retirement Guide!, email enquiries@pen-life.co.uk, or Call 01904 661140, or alternatively, use the cut out on this page.

01904 661140 enquiries@pen-life.co.uk







GASTRO GREAT

Marco Pierre White returns to his Yorkshire roots to present a food festival with family and friends

WORDS BY CATHERINE TURNBULL

he legendary chef Marco Pierre White answers his mobile when I call about his upcoming festival in Harrogate for 'affluent foodies' and holds forth with stories from his early career in the town.

"It was the conference centre of the UK when I worked there, before Birmingham built the NEC," he says. "I started in Harrogate in 1978 opposite the Royal Hall, at Hotel St George - a basic three-star hotel. It was madly busy with conferences. The place to go back then was Number 6 in Ripon Road or the Drum & Monkey - known as The Drum, which still exists of course."

The teenaged Marco Pierre White had been sent by his dad to search for work in Harrogate because it was not far from his home city of Leeds and crammed with hotels. He was taken on as a kitchen apprentice. A

year later he trained at The Box Tree in Ilkley, then one of the finest restaurants in the land, before again knocking on doors for a job this time in London. His rise was meteoric, like a rock star and later headline fodder for the tabloids.

He began his classical training as a commis with Albert and Michel Roux at Le Gavroche and worked with Pierre Koffmann at his three Michelin star restaurant La Tante Claire in London. At 24, he became head chef and joint owner of Harveys with a kitchen staff that included the young Gordon Ramsay. At 33, White became the youngest chef to be awarded three Michelin stars. His team included Heston Blumenthal, Matt Tebbutt, Jason Atherton and many others who are now influential chefs.

When I speak with him two months ahead of the festival on October 28 to 30, it is unclear which of his legendary friends will join him for masterclasses. "Pierre Koffmann is coming to do a 'demonstration'" says White switching from a gravelly posh accent to his native Yorkshire." He means masterclass of course. "Simon Shaw, who was head chef at Harvey Nichols, and makes amazing tapas,







will be there." His daughter Mirabelle who recently joined White's huge food empire is expected, as well as his chef son Luciano. "We plan to have some street food vendors - we have had some suggested by Richard Johnson, who is the expert on street food." Johnson founded the Trinity Kitchen food court in Leeds.

"We've also got Long Clawson, which makes the best awarded stilton cheese and Alfred Enderby, from Grimsby, who produces the finest smoked haddock in Britain. We've also got the amazing oak carvers Mouseman for Christmas gifts. It's going to be fantastic.

"When I started in the 1970s it was really expensive to eat out and not always that good. Nowadays people love going out to restaurants and street food is really good too - there are loads of places where you can eat well, with more affordable prices."

Called The Great White Festival, the town's Royal Hall and Harrogate Convention Centre will be the focal points



for masterclasses, workshops, artisan stalls, cooking demonstrations and live chats. Organiser Steve Moncrieff said: "To have the backing of a gastronomic great like Marco gives festival amazing kudos and we can't wait to showcase everything the fabulous county of Yorkshire has to offer, supported by some amazing brands from around the world.

"Marco is one of the most influential British chefs of all time. He started his career here, so it's great to bring him back to the place where it all began. Alongside the 250 expected exhibitors, visitors will be able to enjoy the White Heat cooking theatre where local chefs will showcase their skills, fabulous pairing experiences and the Marco Pierre White experience where guests can enjoy a lunch or dinner created by the great man personally followed by a Q&A session."

Tickets are available from £17.50.



greatwhitefestival.com

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he Plum and Partridge is a stunning nine-bedroom hotel nestled in the picturesque village of Husthwaite with wonderful views of the famous Kilburn White Horse. Set on the edge of the Howardian Hills, but close to transport links, our charming hotel provides a complete escape for your getaway or special meal.

We can accommodate everyone from couples seeking a romantic country getaway, to families and parties of walkers or cyclists, and business guests. You can unwind in one of our warm, cosy rooms after a day out in the stunning area. With six double and three superior room there are plenty to choose from – all our rooms feature a contemporary countryside style and en suite facilities of the highest quality.

You can enjoy relaxed dining in our restaurant, which features fresh, locally sourced, exceptional ingredients and savour our dishes alongside regional cask ales and Husthwaite's own cider. We embrace simplicity and allow the natural flavours to speak for themselves. Our new menu puts the emphasis very much on pure, tasty flavour.







In the kitchen are our renowned head chef Mark Westaby and talented and creative young sous chef Tyler Livesey. Our dishes include slow roasted belly pork from the excellent Thornton's butcher in Easingwold, served with potato fondant, caramelised apple and Orchards of Husthwaite cider. You can also enjoy a deep-fried haddock fillet and several other tasty plates.

A popular vegetarian option is penne pasta with roasted butternut squash, spinach and cherry tomatoes cooked in pesto cream sauce. We also offer steaks with a choice of sauces, burgers and an oven-baked salmon fillet. There's a good selection of starters and salads and delectable desserts.

We offer an area of the beautiful restaurant for private functions and gatherings that seat around 20 people. We can create a perfect package for parties, special occasions and weddings to celebrate with family and friends. We offer tailor-made menus, fantastic overnight accommodation and all the special touches you deserve.

Located near to the historical market towns of Thirsk, Easingwold and Helmsley, the Plum and Partridge is the perfect North Yorkshire getaway. We are convenient for the east coast, the city of York, North York Moors, Yorkshire Dales and of course, James Herriot country. For more details and to book please call us on 01347 868642 or visit our website below.

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HARROGATE Masters of crime fiction

est-selling crime fiction authors and their readers met for the annual festival hosted at the Old Swan Hotel by Harrogate International Festivals. They were entertained by some of the biggest names in the industry, including Lincoln Lawyer creator Michael Connelly - who was presented with the Theakston Old Peculier Outstanding Contribution to Crime Fiction Award on the opening night - Tess Gerritsen, Mark Billingham, John Connolly, Paula Hawkins, Val McDermid, Kathy Reichs and Lynda la Plante. Harrogate regular Mick Herron was this year's winner of the Theakston Old Peculier Crime Novel of the Year 2022, for his novel, Slough House.

harrogateinternationalfestivals.com

PHOTOGRAPHY BY HARROGATE INTERNATIONAL FESTIVALS



Martin Edwards, Andrew Taylor, Adele Parks, Denise Mina and Mick Herron





Abir Mukherjee, Ambrose Parry (aka Dr Marisa Haetzman) & Chris Brookmyre, Robbie Morrison, Leonora Natrass and Vaseem Khan



Mark Lawson, Simon Theakston, Michael Connelly, Joseph Knox, Mick Herron & Sharon Canavar



Mark Billingham and Michael Connelly



Sandra Mangan and Catherine Turnbull



Steph McGovern and Charlie Higson



NJ Cooper and Paula Hawkins



Paul Burston



Michael Connelly, Sharon Canavar, Simon Theakston and Mick Herron

LEEDS

Project Yorkshire film premiere

uests stepped onto the red carpet at the launch at Everyman Cinema in Leeds of a film narrated by Sean Bean to showcase the region to millions worldwide, promoting Yorkshire as a world class destination. The famous Yorkshire actor's shout out about his home county is a campaign by filmmakers Scott Elliott and Sid Sadowskyj. The pair shown here with knights in shining armour now want everyone to do battle and promote Yorkshire to the world by sharing clips and links to the film, A Playground Like No Other, online and on social media tagged as #ShareItForYorkshire. projectyorkshire.co.uk

PHOTOGRAPHY BY RICHARD WILSON PHOTOGRAPHY



Annette Littlewood and Lam Peretti



Scott Elliott and Sid Sadowskyj



Diana Greenwood, Chris Evans and Zoe Willows from Visit Calderdale

Scott Elliott and Sid Sadowskyj



Nick Strutt, Brook Walker, Cassie Irving, and Mark Cowgill of Exa



Sid Sadowskyj



Norrie and Jan Richards



Yvonne and Ian Thurley and Charlotte Peterson



Amber Hope, Harry Dobson, Cathy and Karl Mason and Kate Corps



Luisse Whiting, Julia Lumley, Sue Brandom and Carmen Ting



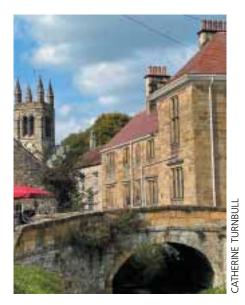
FOCUS ON Helmsley

Helmsley offers the perfect day out in Ryedale on the edge of the North York Moors – or an evening of culture

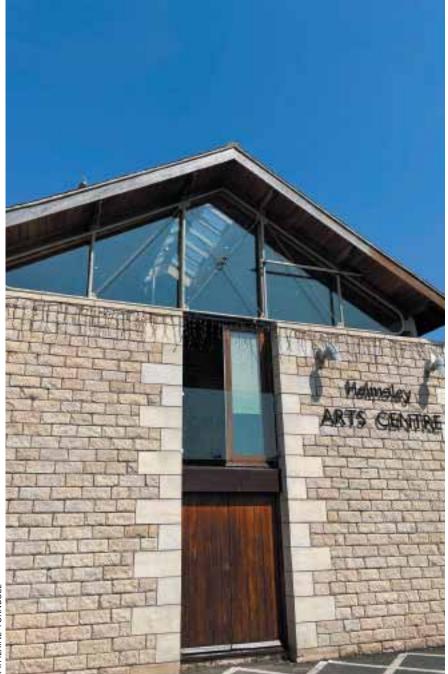
retty stone-built Helmsley is renowned for its wide range of interesting and unique shops. The beautiful town was voted Britain's Best Market Town High Street in 2015. You won't find high street chains, just independently-owned and run shops and boutiques offering a friendly service and selling everything from fresh produce and artisan food to designer clothing and dazzling jewellery, books, homewares, gifts and everything in between.

The town has some of the best food and drink on offer anywhere – take a visit to one of Helmsley's many mouth-watering eateries and hotels. It is a great destination for a bit of shopping followed by lunch, with a browse of Helmsley's fine independent shops and craft outlets, and a visit to some of its attractions. The town has some of the best food and drink on offer anywhere – take a visit to one of Helmsley's many mouth-watering eateries

Helmsley Arts Centre is at the centre of the town's thriving cultural scene and has interesting beginnings. The original building (The Old Meeting House) dates to 1812 and cost £900 to build. It was disused in 1980 and was purchased from the Society of Friends in 1984 by the Old Meeting House Trust for



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the sum of £3,000, initially with a view to it becoming the home of the Helmsley Festival – the forerunner of the present Ryedale Festival.

The Old Meeting House (or Helmsley Arts Centre as it is now called) is a thriving performing venue for theatre, music, dance and talks, with cinema, exhibitions and a range of activities for children. It continues as a charity and relies on donations and fundraising, needing to raise £80,000 every year just to stay open.

Each season sees a new and varied programme of live events, classes, art exhibitions, theatre, music, comedy, workshops, and community projects. The Arts Centre boasts two amateur theatre groups, that put on highly regarded performances every season, including the popular pantomime every December. Named the 1812 Youth Theatre and 1812 Theatre Company, both groups are heavily supported and have impressive numbers of local people joining constantly

The management of the Arts Centre, initially entirely voluntary, has gradually been professionalised, but the success continues to depend on a large group of volunteer staff and participants, and on the wider support and enthusiasm of the rural community.

The Arts Centre firmly believes in keeping audience costs low, whilst bringing the best, most varied and up to date events and exhibitions to Ryedale, because the arts are a necessity for all, not a luxury for the few.

.....

helmsleyarts.co.uk visithelmsley.co.uk



CATHERINE TURNE

The Arts Centre's success continues to depend on a large group of volunteer staff, and the wider support of the rural community

COMING UP AT THE ARTS CENTRE

SOME ENCHANTED EVENING October 1

Singer Jessa Liversidge and pianist Malcolm Maddock play some of musical theatre's finest melodies and lyrics, from *Oklahoma* and *West Side Story* to *Follies* and *Into the Woods*. Songs of longing, love, loss and hope.

MARK WATSON: THIS CAN'T BE IT October 7

We've all had some pondering to do about the fragility of life recently, but don't worry, skinny national treasure Mark Watson has it covered. Spiritual enquiry meets high-octane observational comedy as the *Taskmaster* survivor attempts to cram a couple of years of pathological overthinking into an evening of stand-up. Maybe we'll even solve the huge problem.

HANDBAGGED BY MOIRA BUFFINI October 19 to 22

The 1812 Theatre Company puts on Moira Buffini's play in which the Iron Lady, Margaret Thatcher, is up against another very powerful woman – one with a handbag of her own, Elizabeth II.

ROALD DAHL AND THE IMAGINATION SEEKERS October 29, 2.30pm

A mischievous and inventive theatrical family show for 5 to 10-year-olds. All around the world Roald Dahl's words are disappearing not only from books but children's minds too! Now only a secret organisation known as The Ancient Guild of Taletenders can save the stories and they need your help...

STAIRWAYS TO HEAVEN

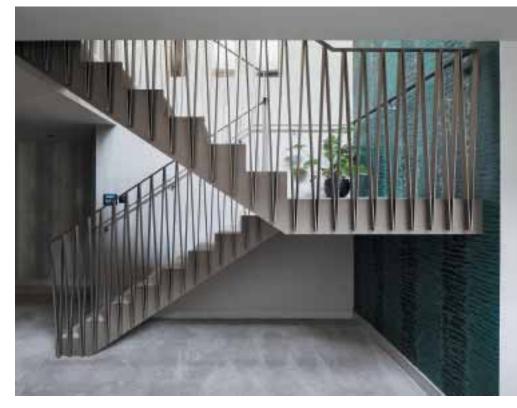
A staircase should first and foremost get you from one floor to another in comfort – but with the right design and materials it can be a thing of real beauty

isca designs and manufactures bespoke staircases, balustrades and other architectural features in timber, stone, metal, and glass. Based in Helmsley, North Yorkshire, Bisca is British through and through. Set up by time-served blacksmith Richard McLane over 25 years ago Bisca has progressed from one man and his paper sketches to a design studio with the latest design technology, a traditional forge and cutting-edge machinery, employing over 21people.

Stairs in many homes are nondescript. As long as they're functional they attract little attention. But a staircase can be so much more, according to McLane, Bisca's bespoke staircases for residential and commercial properties in Yorkshire and across the UK are superlative centrepieces that take the breath away with their beauty and ingenuity.

Bisca has no standard range, each staircase is a 'one-off', designed, built and installed by the in-house team. All components are individually specified for each project and where possible locally sourced.

One of the fundamentals of Bisca is the



Bisca has no standard range, each staircase is a 'one-off', designed, built and installed by the in-house team



relationship between the workshop and the design studio. Respecting one another's discipline allows each artisan to work to their full potential and achieve the highest quality of finish. The experience of the workshop craftspeople is an important element when it comes to executing the designs.

All Bisca's craftspeople are multi-skilled; competent in metalwork, cabinetmaking, blacksmithing, welding, and leather stitching. Their wealth of experience allows them to marry century-old skills with modern technology in the creation of a commission. All staircases are finished by hand. Design and craft are what drives Bisca, but McLane is also motivated by his passion to make the business's carbon footprint as small as possible.

Investment in recent years means that heating for the workshop is supplied by a wood pellet boiler, and 80% of electricity needed on site comes from solar panels.

Reclaimed materials such as old timber, harbour props, lock gates and vodka barrels have all been repurposed to create sustainable staircases whilst packaging is recyclable wherever possible.

Bisca House, Sawmill Lane, Helmsley, North Yorkshire, YO62 5DQ. bisca.co.uk





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THE BOOT FITS

Visit the new Fairfax & Favor store in Helmsley and discover aspirational footwear in three fittings for days out in the country and town





to innovation in craftsmanship and design. Influenced by the founders' love of British style, the line of footwear and accessories has been designed as an aspirational investment rather than a transient fashion piece.

"When I first visited the town, I instantly fell in love with the charming buildings and boutique shops and I knew straight away that I wanted Fairfax & Favor to be a part of this,' co-founder Felix Favor Parker says. "We have been so fortunate to be welcomed with such a

in the market for stylish fitted boots and set off on our journey to build Fairfax and Favor into a true lifestyle brand that can deliver joy to our customers with our products. We started off in footwear and then there was a huge demand for us to do accessories, so we built up our handbag collections. We are now expanding into outerwear which will all be available in our stores.

warm community spirit and feel privileged to be in the town." He explains how the brand came about. "Marcus Fairfax Fountaine and I had always been keen to set up a business together. We started working for a company that made leather gun slips and cartridge bags and after doing this for a year decided to set up on our own, selling leather products. "We quickly discovered there was a gap



"We believe British style is understated elegance. We aim to make investment pieces that work across multiple different wardrobes and creating real value from the amount of wear they should be having."

When asked who the brand is designing for, he says: "We are proud of our rural roots and don't shy away from the fact we are inspired by and advocate for rural style. We aim to create products which are stylish yet still functional, bearing in mind our customers active lifestyles. However, versatility is also key, and we aim for our products to be at home both in town and country settings, without looking out of place."

Unlike most designers of boots, Fairfax & Favor offer three fittings. "The fitting is important to us, being flattering on the leg yet comfortable enough to wear all day is a key feature, hence all our bestsellers come in narrow, regular and sporting fit to suit all styles. Many of our boots also have a stretch panel at the back, to ensure the fit is even more tailored.

"In terms of design features, we aim to create timeless classics rather than following 'trends'. You should be able to wear them in 40 years' time and pass down to your children. We have some clear design signatures, such as our iconic shield, tassel, and tan and navy colours, but these are all subtle signatures, none of our products are overly branded as we love understated elegance."

The firm has an ever-expanding design and product development team in-house.

One of Fairfax & Favor's latest launches is a collaboration with country footwear brands L'Alliance to create a limited-edition wellington boot. The new style brings together both brands and their iconic features; pairing the renowned Fairfax & Favor fan and tassel on the beloved Le Chameau signature wellington boot, made from Chamolux rubber. It is available in two colourways, the classic Le Chameau Vert Vierzon and Navy.

"Le Chameau's boots have been keeping my feet warm on cold winter days for years, so it's a real honour to be working with a brand that I have admired for so long," Marcus says. "Combining the best of both brands is a fantastic opportunity and I think this is the start of something very special."

In addition to the boot launch, exclusive Le Chameau and Fairfax & Favor branded leather tassels are available in an array of colours – Vert Vierzon, Navy, Rouge, Cherry, Orange Foncé, Rose, Vert Chameau, Vert Clair and Bleu Clair. Furthermore, as part of the collaboration a branded boot bag features two external pockets, a shoulder strap and ventilation netting.

Fairfax & Favor in Market Street, Helmsley is open Monday – Friday 10am – 5pm and Saturday and Sunday 11am – 4pm. You can pop in or make an appointment on the website.

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'We are proud of our rural roots and don't shy away from the fact we are inspired by and advocate for rural style'







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TERMS AND CONDITIONS

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LIVING WEDDINGS

Here's your guide to beautiful venues, where you can celebrate your marriage in style, and bespoke suppliers to create your special day









Alex & Elliot

A search for a *Downton Abbey*-style venue led to a wedding at elegant Carlton Towers

THE GROOMS

Alexander Zuk from Bury works in commercial finance and Elliot Jack from Warrington is a risk officer.

WHERE AND HOW WE MET

At the Alchemist in Media City in Salford in March 2019. Alex started talking to Elliot whilst being pushed and shoved to get to the bar to order a drink, numbers were exchanged. A few days later we had our first date, and the rest is history, things moved very fast after that.

THE PROPOSAL

Initially Alex had planned to propose at Gordon Ramsay's Petrus in London, but Cartier didn't have the ring in time. Then a plan in the Bahamas was stopped due to Covid, then the third plan was in Porto on the veranda of a luxury hotel, but Covid put a stop to this as well. So, in the end it was over steak and chips in the living room.

THE SUITS

The grooms both wore dinner suits by Hugo Boss. The dress code was black tie for the wedding.

THE CEREMONY

We were married in the Venetian Drawing Room, it was dressed by Ambience Venue Styling, who provided two beautiful blossom trees to be married under. Elliot was given away by his best friend/best man Stephen who walked him down the aisle to *Can't Help Falling in Love*, which was being played by a string group called Simply Strings Trio. The weather was amazing so after the ceremony the musicians moved outside so the guests could have drinks and champagne in the sun, which was unplanned but so welcome.

THE VENUE

We wanted something classic and elegant like *Downton Abbey*. We searched for hours for the perfect venue and when we saw Carlton





Towers, we knew it was special – from the wrap around staircase outside, to the flowers and vines climbing up the building – it was decided we had to have it almost straight away. After meeting Janet and the team it was clear they would make it a very special day. The final thing which made us fall in love with the venue was The Walled Garden Vineyard, we love wine so that was a big yes.

THE CAKE

The cake was made by Jane at Pink Peppercorn Cakes. She created a wonderful three-tier cake – salted caramel, lemon and elderflower, and strawberry and champagne. The cake design was based around the venue and the type of day we wanted to have – classic and elegant.

PHOTOGRAPHY

Photos by couple, Raj & Jade who were great. To have one photographer with each of us beforehand and then two catching moments from different angles was perfect.

HONEYMOON

We honeymooned at the Conrad in the Maldives, which was utterly magical. The pictures you see on Instagram are not photoshopped at all, it really is that picturesque.



ADDRESS BOOK Photography: rajandjadeweddings. com Grooms' outfits: Hugo Boss Wedding stylist: Ambience Venue Styling Cake: Pink Peppercorn Cakes Entertainment: Spectra Entertainments

Venue: Carlton Towers, near Selby

'The cake design was based around the venue and the type of day we wanted to have – classic and elegant'





THE GARDEN ROOMS

AT TENNANTS



The Garden Rooms is a truly unique and breath-taking wedding venue in a beautiful setting amongst the rolling hills of the Yorkshire Dales.

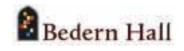
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Combining a rich heritage, exquisite décor and stunning formal gardens, Grantley Hall offers an unrivalled setting for the most elegant of wedding celebrations. Whether you are imagining an intimate ceremony or an elaborate affair, Grantley Hall will create a celebration that reflects your personality and style.

Anna Beth Photography



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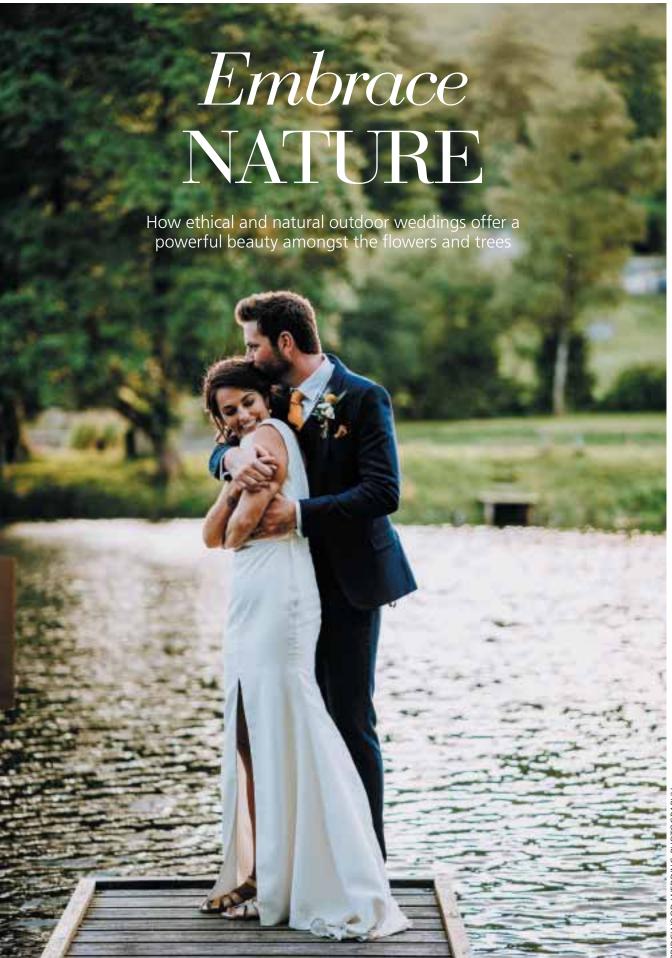








GrantleyHall_





ringing the outside "inside" is a wonderful way of incorporating the natural world into your wedding day. One only needs to think of the "living avenue" of field maples that Catherine Middleton walked up to conjure up the vibrant and powerful beauty that nature lends to a union. But, how about going one better than the Duke and Duchess of Cambridge, by embracing nature on its own terms and tying the knot within a sun dappled woodland, fragrant, colourful hay meadow or by a sparkling river?

"Getting married in nature is not only an eco and sustainable choice, but it can offer more beautiful settings and backdrops than other venues," explains Jamie Roberts, owner of Kilnsey Park Weddings in Upper Wharfedale. "The seasons play a big role in the aesthetic of an outdoor wedding, offering everything from a carpet of woodland bluebells in spring, to meadows of bright buttercups and wildflowers in summer, to the fruit laden trees of autumn. If you choose a large outdoor venue, such as ours, you also get the opportunity to change the setting from something small and intimate for the ceremony to something more magnificent and expansive for your evening celebration under the stars."

Swapping acres of floral displays, bunting, balloons and gimmicks for fields of flowers, natural sunlight and superlative views has to be good for the planet. Indeed, with the carbon footprint of the average "nondestination" wedding now reaching 56.15 tonnes (this figure being higher for weddings that involve air travel) – as compared to the average person's carbon footprint of five tonnes per year – the opportunity to choose either a carbon neutral or carbon offset wedding is quickly becoming an important criteria for many couples.

"We are one of a handful of wedding venues in Yorkshire that has the Green Tourism Gold accreditation," adds Jamie. "This was awarded for a range of factors, in



'Getting married in nature is not only an eco and sustainable choice, but it can offer more beautiful settings and backdrops than other venues'



particular because our wedding pagoda and licensed wedding barn are run entirely on green energy created on the estate. We ensure that all our marquee, food and drink suppliers are sourced locally, and we have florists on our doorstep who grow all their flowers. We also invite every couple married on the estate to come back and plant a tree."

The biggest inspiration for any outdoor wedding though must be the incredible connection with nature that it offers, especially to the two people who have decided to start their life together in such a way. "Weddings can be very stressful for couples to organise," says Jamie. "This can be alleviated by hiring a trusted venue and by using an experienced planner, but there is still a burden of worry about all the different elements that need to come together. What we find though is that when people arrive at Kilnsey Park, by just being in the heart of the Yorkshire Dales among the peace, greenery and bird song, they naturally start to feel much calmer.

"Covid reminded us of the fragility of our world, and so to be amongst rare and \bigcirc



protected flowers, near summer wading birds such as curlew and red plovers, with deer and red squirrels close by, is a powerful reminder of what's most important about your wedding day – which is family, friendship and a wonderful celebration. We want couples to be totally relaxed to soak up the most important day of their lives."

ther eco considerations to think about include being sustainably creative with place settings, which might mean allowing people to sit where they want. Family and friends might make their own biodegradable confetti; dried lavender, rosemary, rose petals and marigolds,

which are not only easy to create but beautifully fragrant. For your wedding attire, think about

For your wedding attire, think about choosing garments made from ethically



sourced fabrics, or try vintage or second time round clothing suppliers, or consider renting. For jewellery and rings ensure you know the country of origin of any diamonds or gemstones – it is important that you are aware of the ethical issues surrounding conflict diamonds, Jamie believes.

Regarding night-time lighting, consider renting solar panels, as they collect energy through the day, which can then light and power your evening event, so negating the need for a generator. And finally, with regards to travel, the biggest carbon emitter of all, why not organise group travel to the venue, so eliminating the need for people to travel in separate cars. A venue like Kilnsey Park where everything is on one site, including accommodation, also means that no cars are required once the day is under way.

The final word about outdoor weddings must be about the fun factor. From alpaca and miniature donkey ring bearers to riding down the aisle on a horse, there are many options to have fun with the setting and theme. "Children absolutely love coming to weddings at Kilnsey," says Jamie. "It is the perfect environment for little ones to have as much fun at a wedding as the grownups. There's a certain informality which makes for a very inclusive celebration – and plenty of animals to pet and places to play hide and seek."

Kilnsey Park in Upper Wharfedale is a 2,000-acre estate with spring-fed trout lakes below the mighty Kilnsey Crag that inspired

'We ensure that all our marquee, food and drink suppliers are sourced locally, and we have florists on our doorstep who grow all their flowers'



the painter Turner, and breathtaking views of Upper Wharfedale and Great Whernside. Apart from the fishing there are pony rides, farm animals and nature trails with red squirrels and butterflies, a café, shop and accommodation.

The estate dates to the 1100s, when monks from Fountains Abbey arrived to farm sheep here for 400 years. Current owners the Roberts family came in 1911. Sir James Roberts ran Salts Mill in Saltaire and made his fortune importing wool from Russia. He was a philanthropist who donated Haworth Parsonage (home of the Brontës) to the nation. His great grandson Jamie Roberts and his wife Amy are the current owners.

kilnseypark.co.uk

A Truly Magical & Traditional Yorkshire wedding



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or visit our website at: plumandpartridge.co.uk

Living



Vicki and Patrick

The day at Pavilions of Harrogate was worth the wait after Covid postponements put the ceremony on hold

THE BRIDE & GROOM

Vicki, a teacher and Patrick Mullins, a technical lead in cyber security from Wakefield.

WHERE WE MET

We went to the same high school and became a couple when we were in college after spending time together at a New Year's Eve party.

THE PROPOSAL

We had gone to London for NYE. We visited The Shard in the afternoon and he popped the question on the top floor, 244 metres high! NYE was a special date for us, so it was very fitting and was the most perfect proposal.

THE DRESS

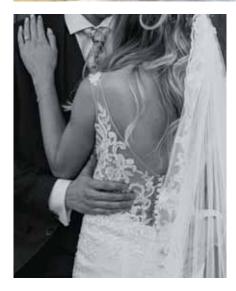
I always knew I wanted a dress with a low back that was fitted and had embroidery detail on the dress and train, so I knew this was the one. I wore a long veil that featured embroidery detailing, which matched my dress.

THE CEREMONY

We were originally due to get married in August 2020, however the pandemic led us to postpone. It was worth the wait and made the day all the more special to be surrounded by our family and friends. The word of the day was "finally"! I will always treasure the moment my dad walked up the stairs to see me in my dress; it was incredibly emotional. From then



'I will always treasure the moment my dad walked up the stairs to see me in my dress; it was incredibly emotional'



onwards, everything felt like a dream. Our ceremony was held outside the white pavilion at Pavilions of Harrogate. We had been praying for sun for three years and it certainly delivered. Our florist created a stunning arbour, adorned with flowers, which complemented the pavilion beautifully, alongside Chiavari chairs featuring white chiffon with pale blue ribbons, which rippled in the breeze. The view was breath-taking; it felt like a sun terrace in Greece, and seeing my husband-to-be waiting at the pavilion was a moment I will never forget. It was finally our time to say "I do".

My brother gave a reading from *Captain Corelli's Mandolin* by Louis de Bernières, and our other usher gave a reading from *The Chaos of Stars* by Kiersten White. Both readings meant so much to us and they did such a wonderful job. During our ceremony and throughout the day, we had 24 Live play and this gave the wedding day such a relaxed and joyous feel. After the ceremony, we walked down the aisle to a live acoustic version of *Signed*, *Sealed*, *Delivered* by Stevie Wonder, as confetti was thrown in the air. We couldn't have been happier. We were finally married, after being together for almost 10 years.

THE VENUE

We found Pavilions of Harrogate during a wedding fair and the first time we visited, we knew it was the one. We had already decided that we wanted an outdoor wedding, and the white pavilion was just stunning, set in such large grounds with a view of the viaduct in the distance. From our first meeting to our wedding day, the Pavilions team was nothing short of incredible. Nothing was too much trouble, from helping me surprise the groom by singing with 24 Live before the speeches, to driving a golf buggy around the vast acres of land so that we could capture some incredible photos. The lawned area was perfect for our drinks reception where we had live music, lawn games, Pimms and canapés. Our reception room was spacious and featured French doors that opened onto the lawn.

THE CAKE

Our lovely cake was made by a family friend and featured marbling and flowers that matched our colour theme.

PHOTOGRAPHY

Lynsey Doran, was a dream to work with. We were so grateful for her stepping in at the last minute when our booked photographer had Covid, and we were blown away with the photos.

HONEYMOON

We booked the Maldives and Dubai for our honeymoon – third time lucky this year. We managed to have a mini-moon in Greece after our wedding, which was lovely.



ADDRESS BOOK Photography: Lynsey Doran Videography: Sky Weddings Groom's outfit: Sawyers & Hendricks, London Flowers: The Petal Studio Wedding stylist: Laura Lindsay Weddings & Events Cake: a family friend Hair and make-up: Hair by Olivia James, make-up by Nicole Saville Entertainment: 24 Live





Your Perfect Wedding Day

At The Bridge we understand that your wedding day is a truly special occasion and we will help you plan it to perfection.

With unique rooms, exquisite food and picturesque surroundings, The Bridge is located in the pretty village of Walshford in the stunning North Yorkshire countryside, just a few minutes drive from the A1, and in the centre of the 'Golden Triangle' of Leeds, York and Harrogate.

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SPOTLIGHT In partnership with Living

Looking for the perfect romantic setting for your wedding or civil partnership? We understand how special your day is to you and how your own personal ideas and individual touches are important to you both. By choosing Middlethorpe Hall, you can depend on our professional team to see your dream day becomes reality. We have put together packages to suit your style and number of guests. To find out more call wedding co-ordinator Julia Betteridge on Middlethorpe Hall Bishopthorpe Road York YO23 2GB | 01904 661301



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C f in 0



The Inn South Stainley is situated just 6 miles from Ripon, Harrogate and Knaresborough and nestled in the heart of the Yorkshire countryside.

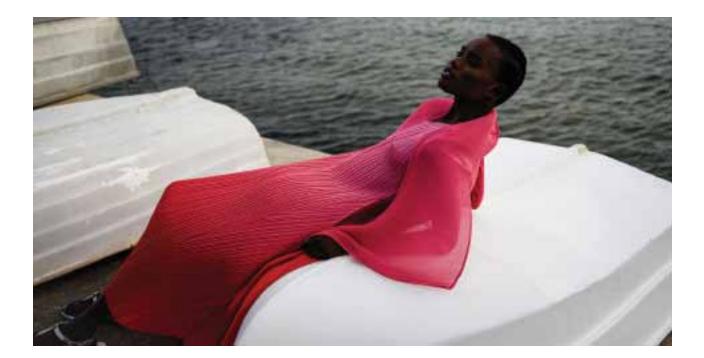
If you're wanting a wedding venue with spacious grounds and gardens (perfect for those photos), a charming tipi, stunning private dining room and 12 bedrooms, The Inn South Stainley offers all you could dream of. With a number of wedding packages, menus inspired by the seasons sourced from the wonderful local produce Yorkshire has to offer at an affordable price. Contact us for more information.



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MARRY IN COUNTRY STYLE

Oaklands wedding venue offers a woodland wow factor with The Grand Lodge hewn from 200 locally sourced trees



f you are keen to tie the knot in a venue with green credentials in a beautiful location amidst 200 acres of woodland, Oaklands in East Yorkshire is the place for you. The Grand Lodge offers rustic luxury in a stunning purpose-built lodge, made from 200 locally sourced trees.

It was designed to look like it has grown in its natural environment amongst the trees. The heating and hot water is produced using the most up to date and efficient ground source heat pump. This, combined with stateof-the-art insulation, gives The Grand Lodge an extremely low carbon footprint.

The Grand Lodge overlooks a beautiful lake and bridge, a real benefit for your perfect photo shoot to capture your special day and create beautiful lasting memories. Much like these stunning images captured beautifully by Louise Pollitt, one of Oaklands' recommended photographers, at the wedding of Alex and Lottie who tied the knot in July this year.

Oaklands, which lies between Driffield and Beverley, boasts both indoor and outdoor ceremony areas. The Pavilion (outdoor) which can seat 200 people, sits on the lake with picturesque views, where you can say "I do". It is a beautiful area to exchange vows



and very popular for summer weddings. The Lakeside Lodge, Oaklands' indoor ceremony area, is a smaller wooden lodge that offers both character and charm. The room seats up to 120 people and is separate to The Grand Lodge – ideal for all seasons!

Andrea Matthews, head of weddings and events says: "When couples book Oaklands they are not only booking a wedding venue, but they are also buying a magical experience. On entering the 200-acre woodland, couples and their guests will feel a million miles from anywhere. It is quite the norm to be greeted by one of the many species of wildlife living in the woods.

"Our grounds and venue space have been designed with people (and pictures) in mind - there are so many areas for photographs. The interior is elegant luxe mixed with rustic charm. And if you like a swanky bar, we have that too."

Oaklands offers: Exclusive use; large capacity – seating up to 200 people for a sit-down meal; plenty of parking; all furniture; glassware; an outdoor patio area and furniture and use of the in-house projector and screen to play a wedding slideshow.

Support from the dedicated wedding team offers practical advice throughout – from planning and the day – and even a master of ceremonies to conduct proceedings.



An entertainments manager can conduct your music, using a state of the art sound system and a DJ. There is a fully stocked bar and bar staff on hand to toast your marriage.

Oaklands has access to a range of suitable suppliers, including accommodation and transport. You can also have use of the catering kitchen within The Grand Lodge for your chosen caterers. Rates vary depending on season and days – prices start from £4,760.

Andrea suggests that wedding couples check out the rural location, which is a magical place down a long country lane.

Visits to discuss your dream wedding are by appointment only, but you can begin by checking out the stunning image gallery on the website. Complete the contact form on the website or email us using the address below.

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The Grand Lodge at Oaklands Hempholme Lane Brandesburton East Yorkshire YO25 9ET oaklandsweddings.co.uk hello@oaklandsweddings.co.uk



Your wedding set within 200 acres of woodland, beside a picturesque lake in the heart of rural East Yorkshire... this is where you will find Oaklands, a unique venue that boasts individuality and charm



The Grand Lodge at Oaklands Hempholme Lane Brandesburton East Yorkshire YO25 9ET

oaklandsweddings.co.uk

FOR WEDDINGS AND BUSINESS HIRE

Credit: Louise Pollitt Photography www.louisepollittphotography.com



TIME TO INDULGE

York's only five-star hotel launches new fine-dining restaurant – Legacy at The Grand, York

he Grand, York, the city's finest hotel has opened its exceptional new fine dining restaurant, Legacy. Head chef, Ahmed Abdalla, has created a menu, which is dedicated to local provenance and showcases classic Yorkshire produce with a modern twist, alongside an exceptional wine list. As well as an eight-course tasting menu, the restaurant offers an immersive wine pairing crafted by the in-house sommelier.

"I am inspired by the processes of the pioneers of York's past; those individuals who turned their imagination into reality, which can now be seen in iconic buildings, revolutionary railways and the heritage of this great city," says Abdalla. "I am delighted by the opportunity to look at things through a new lens, delivering traditional ingredients in an exciting new style while fully utilising the great produce Yorkshire has to offer."

Abdalla's professional background includes York restaurant, Skosh, Yorebridge House in the Yorkshire Dales and stages at Restaurant Hywel Jones by Lucknam Park and Whatley Manor's restaurant The Dining Room.

Legacy's interiors have been constructed by industry-leading designers, Faber. With sustainability being of great importance for both the build and culinary operation, environmentally conscious choices have been made throughout, while paying homage to





'Undoubtedly, this will enhance our guests' experience, particularly so for those who are enthused by fine dining and the best of British'



the pioneering spirit of the inspiring engineers and architects of York's past. The setting is bold yet elegant, seating up to 26 covers, with interiors demonstrating the building's iconic and historic features with modern twists, including blueprint murals, oak panelling, sculptural lighting, industrial ironwork, and crisp colour contrasts.

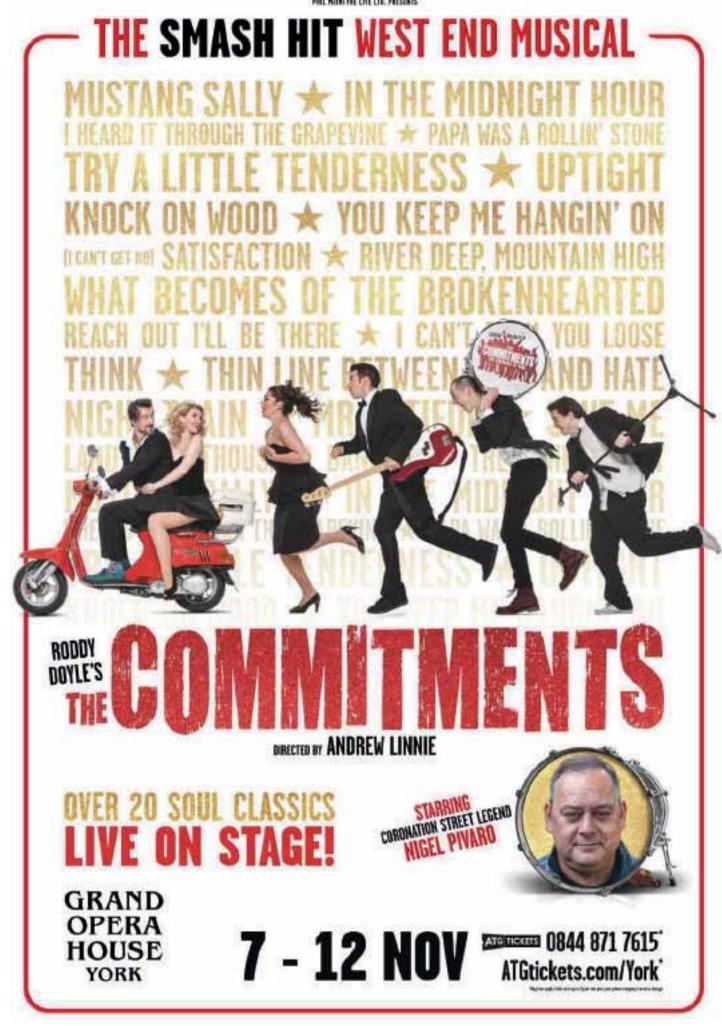
Guests are welcomed in to enjoy a glass of English sparkling wine and canapés in the restaurant for a personal introduction from the chef, with an overview of the dishes. Legacy boasts innovative cuisine with locality, sustainability, and great northern hospitality at its core.

"We are delighted to be advancing the hotel's culinary offering in such a unique way," adds Simon Mahon, general manager. "Undoubtedly, this will enhance our guests' experience, particularly so for those who are enthused by fine dining and the best of British cuisine. Adding to this, it elevates our wonderful city's growing food scene."

The team at Legacy invites guests to include in the new culinary offering with the opportunity to elevate it further with an overnight stay at The Grand itself. Book now on the website or please call.

01904 380038 thegrandyork.co.uk

PHIL NORFYRE LIVE LTD. PRESERTS



DIARY

Ballet, comedy, drama, music and light shows are being staged as the nights draw in

RAWORTHS HARROGATE LITERATURE FESTIVAL Crown Hotel, Harrogate, October 20-23

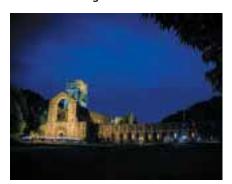
The festival this year features a range of authors and speakers including Ronnie Archer-Morgan, Nick Butter, Penny Campling, Dr Chloe Duckworth, Stella Duffy, Otto English, Prof AC Grayling, Lady Brenda Hale, Konstantin Kisin, David Lascelles, Stephen May, Bob Stanley and Carole Walker. There's also a literary lunch with lexicographer Susie Dent. harrogateinternationalfestivals.com



FOUNTAINS BY FLOODLIGHT

Fountains Abbey, October 21 and 28 and every Saturday in October, timed entry 5.30pm-8pm

The National Trust is celebrating 90 years of floodlighting the abbey. Wander through glowing ruins, under shadowed archways and hear haunting choral music ringing through the cellarium this autumn. Tickets must be booked on the Fountains Abbey and Studley Royal website page. **nationaltrust.org.uk**





LES BALLETS TROCKADERO DE MONTE CARLO

Hull New Theatre, October 11-12 Think ballet's boring? Think again! For almost 50 years, all-male comedy ballet company Les Ballets Trockadero de Monte Carlo has been delighting audiences the world over with sassy spoofs and hilarious homages to classical ballet. Bursting with tutus and testosterone, blush-pink ballet pumps, fierce false eyelashes and prima ballerina attitude their immaculate technique and daring physicality are surpassed only by their impeccable comic timing. Trust us you've never seen a dying swan quite like this one! **hulltheatres.co.uk**



GUY FAWKES York Theatre Royal, October 28-November 12

An explosive new comedy by York-based David Reed about York-born Guy Fawkes promises to be a barrel of laughs. The show about York's traitorous trigger man is a devilishly dangerous mix of *Monty Python* and *Blackadder*. Guy is sick of being on the losing team. It's time for revolution. In a cramped room above a pub, the plotters assemble with unified purpose and not a clue how to achieve it. Guy spectacularly loses the plot as he turns these hapless drinking buddies into Britain's most infamous failures. Reed is a writer of BBC Radio 4's multi-award-winning *The Penny Dreadfuls* shows. **yorktheatreroyal.co.uk**

FIRECRACKER BALL

Rudding Park, Harrogate, October 15 The Firecracker Ball returns with an Atlantis theme. The glittering black-tie event, which has raised over £3 million for Barnardo's since it became its chosen charity in 2002, will this year see guests transported to an undersaea world of shipwrecks, treasures, mermaids and mermen. Bid in the silent auction ahead of the night itself. **thefirecrackerball.co.uk/Book**



OKTOBERFEST Wold Top Brewery, Wold Newton, October 1, 3pm-11pm The inaugural Oktoberfest will take place at Wold Top Brewery with a specially brewed Oktoberfest beer, German food with a Yorkshire twist and an oompah band. Fancy dress is optional. Tickets are £15. woldtopbrewery.co.uk

INSPIRAL - YORK TEXTILE ARTISTS York Cemetery Chapel

October 15 and 16, 10am-4pm A curated exhibition of new work, forming the annual York Textile Artists main show and introducing new members will be shown. Enjoy a huge variety of art ranging from large installations to exquisite miniatures, and in a wide range of techniques, from hand embroidery to wet and needle felting. In addition, there will be a pop-up shop in the Harriet Centre near the Cemetery gates, where you will be able to browse and buy original small works, prints and cards. Refreshments will be available. **yorktextileartists.co.uk**





THE OSMONDS: A NEW MUSICAL

Hull New Theatre, October 18-22 This musical with an engaging story by Jay Osmond tells the true tale of the five brothers from Utah who were pushed into the spotlight as children and went



YORK MEMORIES AND HISTORY AFTERNOONS York Castle Museum, October 11, 1.30-3.30pm

Do you have memories of the fashions you wore decades ago? This session is a new monthy event from York Museums Trust and Age UK that will feature a talk and a chance to handle a variety of artefacts from the York Castle Museum collection and other museums. It is hoped the everyday objects from the 1920s to 1990s will evoke memories and stories, and through sharing them will help connections with others, reducing isolation and enhancing wellbeing for older people. October's event features fashion accessories.

yorkmuseumstrust.org.uk

on to create smash hits, decade after decade. It features 1970s anthems, including One Bad Apple, Down by the Lazy River, Crazy Horses, Let Me In, Love Me for a Reason, (We're) Having a Party, Puppy Love, Long Haired Lover from Liverpool, Paper Roses and many more.

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YORK FOOD FESTIVAL Parliament Street,

September 23-October 2 The ten-day festival is back to celebrate Yorkshire food and drink and chefs, stalls heaving with produce, demonstrations, a junior chef competition and welcome over 1,000 schoolchildren to workshops and events. York chef Michael Hjort is the artistic director of the festival, which began in 1997. yorkfoodfestival.com



ROCK OF AGES Grand Opera House York, September 27-October 1

The West End and Broadway hit musical is back, starring Coronation Street's Kevin Kennedy as Dennis Dupree. *Rock of Ages* is the hilarious musical comedy lavished with over 25 classic rock anthems, including *Don't Stop Believin'*, *We Built this City, The Final Countdown* and *I Want to Know What Love Is*, played by a live band. **atgtickets.com/york**



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Together we will beat cancer

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BOOK TICKETS: asff.co.uk/yorkdays

Aesthetica MakeltYork



SUPERB STAYS

Luxury Lodges live up to their name by providing stunning accommodation for exclusive breaks in some of the most beautiful parts of Britain

uxury Lodges was founded in 2015 to provide a solution for busy families seeking practical, but stylish, holidays in the UK.

After discovering that there was nothing in the market that met these needs, mother and entrepreneur Sharon Hurley was inspired to create a series of resorts that offered the one thing busy families want most – quality time together away from the stresses of everyday life.

Sharon soon realised that this desire extended beyond families to professional couples and large groups of friends, and so Luxury Lodges – a collection of luxury private homes suitable for everyone from couples to groups – was born.

Celebrity guests have included *The One Show's* Alex Jones (who spent her 'babymoon' at Dylan Coastal Resort with her young boys before new baby Annie was born), British and Irish Lions legend Alun Wyn Jones, fellow Lions star Jack Nowell and his Exeter Chiefs and England teammate Henry Slade, Sky Sports and BT Sport presenter Sarra Elgan, and actress Kimberly Hart-Simpson (who enjoyed a birthday break with her *Coronation Street* co-stars there).

"These guests value the privacy available at the resort, which has welcomed many other well-known faces, keen to holiday 'under the radar," explains Sharon.

So what else can guests expect from Luxury Lodges?

"They're a place you can escape to and come home to after a day adventuring around the UK's most popular holiday destinations." says Sharon. "The Lodges and Residences are beautifully designed, wonderfully spacious



retreats, featuring all the mod cons you can imagine. Guests can expect a truly luxurious holiday experience, which they will want to experience time and time again – and they can do just that since the launch of The Residences last year. These are a collection of 27 two and three bedroom properties at Burn Coastal Retreat and 30 at Dylan Coastal Resort in Laugharne, near Tenby – which are available to purchase.

Phase 1 at Dylan Coastal Resort, which included 19 lodges, has already sold out since £37.5million has been invested in the Cornish and Welsh resorts during lockdown.

Dylan Coastal Resort is named after famous Welsh poet and hellraiser Dylan Thomas and Milk Wood House after his

'The Lodges and Residences are beautifully designed, wonderfully spacious retreats, featuring all the mod cons you can imagine'







most famed work, *Under Milk Wood*. There are lots of milestones dotted around Laugharne village, dedicated to his memory. These include Brown's Hotel, his former local, which was co-owned by actor Neil Morrissey for a while.

Other late greats to enjoy the mystical, peaceful area include Richard Burton and his beautiful on-off love Elizabeth Taylor; Peter O'Toole and less theatrical, but just as iconic Patti Smith, Pierce Brosnan, and Mick Jagger.

The Residences, offers a potential net rental of £20,850 based on 60% occupancy or by part occupying and part subletting, a possible £13,850k can be re-couped by investors. Developments next year for Luxury Lodges, include an exciting rebrand at Burn Coastal Retreat and the launch of 27 additional lodges in The Residences development, with a total investment of £3million in Phase 1.

.....

0800 677 1777 luxurylodges.com

Stunning spaces in beautiful places



An exclusive collection of coastal lodges that combine the luxuries of hotel living with the freedom of holiday home ownership.

AS SEEN ON TV



Stunning Interiors



Beautiful Locations

Surrounded by acres of countryside in West Wales and Cornwall, our brand new two and three-bedroom Residences offer a new way to holiday, time and time again. Each property features striking architecture, state-of-the-art amenities, and a spacious outdoor terrace. Plus, all owners have access to world-class spa facilities, restaurants and fully managed subletting service in addition to a whole host of exclusive benefits.



Prices start from £195,000 per property, and we even have flexible finance options available.



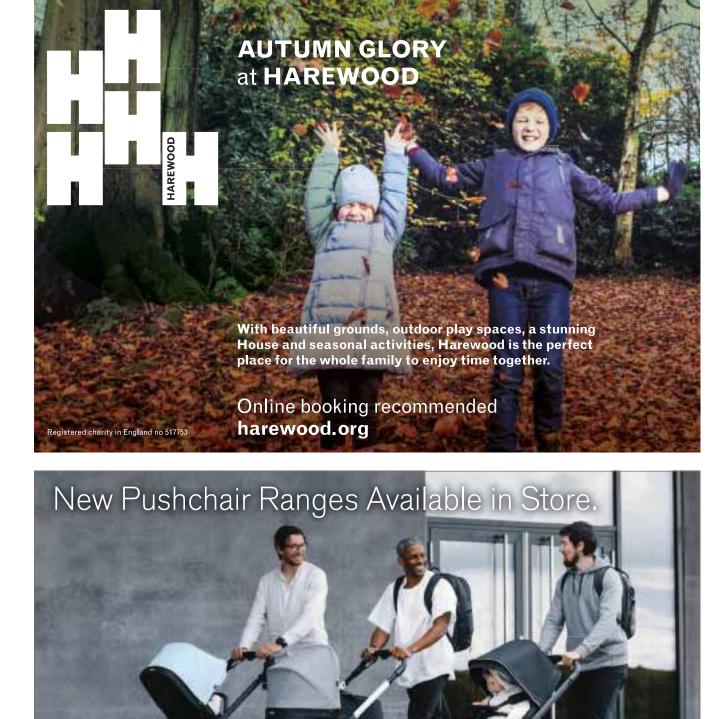


Fantastic Facilities



"The lodges offer luxury hotel quality, but it's nice to have your own space and area to chill out in the hot tub," he said. "For my six-year-old, it's like having her very own Tŷ Bach Twt! (Wendy House) She's in her element here. While it sounds like a bit of a cliché, this is a home from home where we have nothing but quality time together."

Wales and British & Lions Rugby Union legend, Alun Wyn Jones our brand ambassador often spends time at his Residence with his young family.



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Living



TRUE GRIT

Falcon Manor offers calm and comfort within the dramatic scenery of the limestone Dales and gritstone fells of the Pennines

here is a mixed vibe of old country rectory calm, manorial splendour and contemporary comfort at Falcon Manor hotel. In the imposing hall flagged with

stone, lined with dark oak panelling below deep russet walls and chandeliers, those Victorian rectors knew how to live well.

Check in is at a table below the magnificent baronial staircase. There is more to impress in the decadent Rafters Suite – it's as large as your average bungalow – with a massive bed with hangings and a goose down duvet, leaded windows, a stone fireplace large enough to roast an ox in and a palatial bathroom with roll-top and a good shower, with L'Occitane en Provence toiletries.

A clock ticks downstairs in the rustic bar and dining area with stripped back tables, where meat hooks still hang from the ceiling

WORDS BY CATHERINE TURNBULL

from its early days as a kitchen. Head chef Roy Dickinson is working on his Christmas menus and tells me how much he loves the hotel, and the abundance of dales produce on his doorstep.

After a drink on the gorgeous terrace overlooking the manicured lawns, surrounded by the Dales and fells, I order from the menu in the elegant white dining room from a table bathed in the soft light of evening, set by an open French window.

Pan fried scallops and chilli prawns are perfect, followed by tasty barbecue chicken, Cajun fries and coleslaw. There is a mix of crowdpleasing dishes and classic, British-inspired cuisine. This light room hosts marriage ceremonies, breakfasts and receptions and is one of the most popular wedding venues in the area.

One of the reasons that Falcon Manor feels so gracious and grand, despite its

boutique size, is that it was built in 1841 for the wealthy Reverend Hogarth Swale, with money provided by his two grandmothers, who were anxious to create a hall that was befitting his status.

The hall has been fabulously and stylishly restored with a homely welcome for walkers of the Pennine Way and fells, dog owners and explorers of the Yorkshire Dales National



CATHERINE TURNBULI

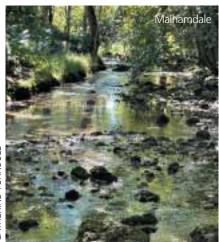


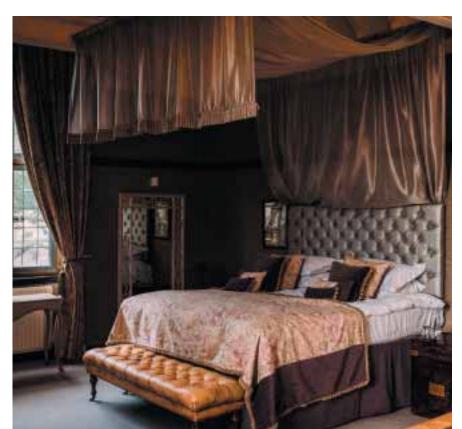
Park and the Forest of Bowland – a land of peaks, valleys, caves and waterfalls. Settle is a ten-minute stroll away, with its market square and streets of independents shops, riverside walks and The Folly Museum and café below the crag of Castleberg Rock.

Settle was an important town on the Keighley to Kendal Turnpike and later the Settle to Carlisle Railway. At the flowerdecked railway station you can take a trip across the Ribblehead viaduct, alight at another scenic market town, Appleby, for a couple of hours and travel back. I climb above the town on foot for views of the landscape criss-crossed with drystone walls. Below are caves, potholes and rivers, above the Three Peaks – Pen-y-Ghent, Ingleborough and Whernside.

There is enough walking, cycling, climbing, caving and other outdoor adventuring to fill a few weeks. A wild drive over the tops takes me to Malhamdale. Here a seven-mile walk follows Malham Beck to the waterfall and pool of Janet's Foss, where day-trippers are bathing, and to the dramatic 400ft deep limestone gorge of Gordale Scar. It is so hot I almost expect to see vultures circling before crossing the limestone pavement of Malham Cove above the cliff. Down the steps takes you across to Malham Tarn, a large glacial lake and a peaceful place for a picnic. There's a great snack van on the road above Janet's Foss.

You are spoilt for choice for days out. I visited the stone-clad village of Clapham, near Settle, which has its own waterfall. For $\pounds 2.50$ you can walk on a nature trail through the woods of Ingleborough Estate, past an







'I climb above the town on foot for views of the landscape criss-crossed with drystone walls. Below are caves, potholes and rivers, above the Three Peaks...'

ornamental lake, where the plant hunter Reginald John Farrer, known as the father of the English rock garden, fired seeds he had collected in Asia from a shotgun to the inaccessible cliffs. At the end of the walk is Ingleborough Cave, a huge floodlit cavern.

Back in Clapham, Lake House Food and Drink in an old manor house serves homemade pizza from a wood-fired oven, and local ales. Before leaving the Dales, the Courtyard Dairy is the place to buy British cheeses, mostly from unpasteurised milk, matured on site. Settle's indie food shops are great and Booths supermarket is full of Yorkshire, Lancashire and Cumbrian delicacies.

falconmanor.co.uk visitsettle.co.uk



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- Q. What are you progressing onto?A. To study Physics and Durham University



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BEHIND THE WHEEL

Service Manager Sean Stanton's passion for Porsche shines through at Porsche Centre York, where expert aftersales service and beautiful new cars await

ot only does York have a truly unique Porsche Centre, it also boasts an amazing team of Porsche professionals that are ready to take great care of

you and your car.

Meet Sean Stanton, the service manager at Porsche Centre York. Sean has been at the centre since it opened in October 2021. His automotive experience is extensive, having worked within the Volkswagen Group for 13 years, before taking on his current role. Sean is a Porsche enthusiast and always dreamed of having his own model, so to work for his favourite marque is a dream come true. As the Porsche Centre York service manager, Sean is committed to delivering the highest levels of aftersales service to all his customers. Ensuring that every visitor to the centre enjoys a welcoming, satisfying experience, from arrival to the moment they drive away.

Tom Coulthard is Porsche Centre York's trusted technician, who cites the 964 Turbo as his all-time favourite Porsche. Like Sean, Tom has been at the centre since it opened, but previously worked at Porsche Centre Teesside and Porsche Centre Leeds. Tom boasts seven years of Porsche technical experience and is trained to an enviable standard, having achieved Silver accreditation.







'Not only does York have a truly unique Porsche Centre, it also boasts an amazing team of Porsche professionals'



Bethany Wright, the service advisor at Porsche Centre York, is currently training for her Advisor accreditation and already has a year of experience under her belt at Porsche.

Bethany previously worked in the retail environment, so she now brings a wealth of customer-oriented expertise and experience to the Porsche brand. Her favourite Porsche model? The 992 generation 911 Carrera 4S Cabriolet in black.

Sean, Tom, Bethany and the rest of Porsche Centre York all look forward to seeing you soon. Come and visit the centre and meet the team for yourself.

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MY YORKSHIRE DOMINIC BRUNT

As *Emmerdale* celebrates its 50th anniversary, the actor who plays Paddy Kirk reveals what the drama is to the county

ominic Brunt, 52, joined ITV's *Emmerdale* 25 years ago as vet Paddy Kirk. His character looks after the domestic animals and livestock of the surrounding area, while trying not to get hit by planes, lorries, helicopters, lightning and horses. He hates horses. In real life, Dominic is married to actor Joanne Mitchell, who has had four roles in the series. The pair co-founded Mitchell Brunt Films in Leeds.

How would you describe what *Emmerdale* means to Yorkshire people?

I think in the same way that *Corrie* flies the flag for Manchester and *EastEnders* does for London, I'd like to think we are supported by the wider Yorkshire community and that we are proud to identify as being a part of this beautiful county. I think the murder rate and number of extra marital affairs is probably a little higher than your usual small North Yorkshire village, but we like to keep the drama flowing.

What about the show makes you proud?

Being tucked away in Leeds and Harewood means we don't have the glossy attention, which is part of the bigger cities, and I think that gives us a work ethic that permeates throughout the building. There's no crew and cast divide and we all know each other pretty well. It is long hours and hard work mentally, but the rewards of seeing the show flourish, and the pride in seeing stories take off with fellow cast members nailing their episodes is extremely rewarding.

What will you be doing to celebrate the half century?

Plans are still very much afoot. I'm not sure how involved I am in the big episodes, but I do know there are some big stunts, big reveals and great storytelling coming up. I'm a fan of the show and feel fiercely loyal towards it, so I'll be watching and cheering along.

You've played Paddy since 1997 – how is he most like you?

He's a bit of a wet blanket but I do enjoy playing him enormously. I'm very lucky to be given the big emotional stuff as well as the lighter comedy stuff (which I find harder). I suppose he's in a totally different gear than me and I'd have no common interests with him, but I'd probably like him if we met. I mean, we look the same.

What is your favourite *Emmerdale* moment?

There are loads. I've been blessed with working alongside amazing actresses over the years and I've been lucky to be involved with some great storylines. Anything with the Dingles is usually an absolute joy to watch. The motorway pile-up was such a ridiculously tense episode. The Aaron "coming out" episodes were an honour to





'I'm a fan of the show and feel fiercely loyal towards it, so I'll be watching and cheering along"

be included in. I also think we do wedding episodes brilliantly. You never know what's going to happen.

You are a Yorkshireman by choice, not birth (Macclesfield, Cheshire). What do you love most?

I've lived in Yorkshire most of my life now. I love the hills and the agriculture, which surrounds us. The fact that the Dales are within easy reach and are free to wander is lovely. I don't mind the winters at all. We're on a hill and it's always dramatic here.

Where is your favourite walk?

Luddenden Valley with Bob's Tea Room at the end, but there's also a walk from Hebden Bridge to Haworth along an old packhorse trail starting at Hardcastle Crags. No cars along the path and usually no other people once you're out of the valley. Bliss.

The perfect place for a Sunday lunch?

Cat I'th Well in Wainstalls, Nelson's Vegan Restaurant in Hebden Bridge, and Valley Pizzas in Mytholmroyd.

Three words that sum up Yorkshire? Sunny. Rainy. Green.

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